



1. Product Name

ROMPA Aromatherapy Kit

2. Product Code

14032

3. Colour

Box (wood) - brown

4. Brief Description

A comprehensive, compact aromatherapy kit containing twelve different oils. Includes a wooden box for upright storage of oils to minimise the risk of spillage.

5. Contents

1 x Box and 12 Oils (10ml)

Including Bergamot, Eucalyptus, Geranium, Grapefruit, Ho Wood, Lavender, May Chang, Peppermint, Rosemary, Sweet Orange, Tea Tree and Ylang Ylang.

6. Snoezelen® Stimulations

- Olfactory
- Tactile (if used in bath/massage)
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7. Best Use

It is recommended that this kit be used by someone who has attended an aromatherapy course and has sufficient knowledge for its safe application.

Suitable for use in the bath, in massage blends or with a suitably compatible product (see section 8). Handle the oils with care and always observe safety rules (please refer to section 11).

8. Compatible ROMPA® Products

Can be used in conjunction with the following ROMPA® products – Aroma Stone (15504), Interactive Aroma Panel (20943), Aroma Mouse (17047), Aroma Bags (20329), Aroma Diffuser Professional (15410).

For advice and assistance on use of oils, we also offer a fully comprehensive guide to essential oil use (A-Z of Aromatherapy 14042).

9. Starting Up

Open bottles carefully to avoid spillage. Dispense appropriate amount (which depends on its intended usage – please follow guidelines regarding use of each oil).

10. Detailed Description

- When adding essential oils to the bath water don't use more than six drops. Make sure the oils are thoroughly dispersed. Wipe plastic baths immediately after use.
- If using the oils for massage, always dilute the oil. Use 3 to 5 drops of oil to 10ml of sweet almond or vegetable oil. Halve this ratio for children, the elderly and the convalescent. If using a massage blend for the first time, test it first on a small area of skin.
- *BERGAMOT*: Fruity, uplifting, refreshing, and cleansing with a balancing aroma. Use in skin care for oily or problem skin. An ideal room freshener – try adding to pot pourri. Found in Earl Grey tea and many perfumes.
- *EUCALYPTUS*: Suitable for use as a decongestant in inhalations to soothe cold, cough and catarrh symptoms. Can also be tried as a stain remover where other cleaners have failed, and as an insect repellent.
- *GERANIUM*: Balances sebum and is therefore suitable for both dry and oily skin. A balancing oil with a sweet floral aroma.
- *GRAPEFRUIT*: A tangy and refreshing aroma which is cleansing and uplifting. A perfect addition to shower gels or to boost elimination.
- *HO WOOD*: **Please note: The HO Wood oil in this kit is safe.** It is a Linalol type with 93% Linalol 0.07% Camphor and NO SAFROLE. Ho is steam distilled from the Ho Sho Variety of Camphor, using the crystalline resin of mature trees. It's main constituent is Linalol, which is a gentle and safe natural
- constituent. A pleasant floral, woody aroma reminiscent of the endangered species Rosewood. Very relaxing.
- *LAVENDER*: Very versatile. Soothing and balancing. A gentle but effective antiseptic for insect bites and burns. A drop of oil can be used inside a pillow case to help

induce relaxation and sleep. Can help calm a nervous headache and tried in massage to ease rheumatism.

- *MAY CHANG*: A wonderful citrus aroma which uplifts, cleanses and tones. An excellent room deodoriser and insect repellent.
- *PEPPERMINT*: Refreshing and stimulating. A powerful digestive. Suitable as an inhalant. Excellent for use in footbaths due to its fungicidal and antiseptic properties. Small quantities only are recommended in baths and massages.
- *ROSEMARY*: Often found in hair and body products. Add a couple of drops to the water when rinsing the hair. Highly stimulating. Not especially suitable for epileptics nor for those with high blood pressure. Use for headaches and depression.
- *SWEET ORANGE*: The antiseptic qualities of this oil kill many of the germs in the air. Thought to improve the elasticity of skin. Soothing and relaxing.
- *TEA TREE*: Used to soothe the skin. Anti-infectious, anti-bacterial, anti-fungal and can be found in creams to soothe sun burn, and help heal spots and cold sores.
- *YLANG YLANG*: Meaning flower of flowers, this oil has a strong fragrance and so only a small amount is required. Soothing. Very pleasant when used in the bath or in a massage blend. Useful in skin care, especially for problem skin.

11. Safety

- Oils are concentrated and should be used sparingly.
- Not for internal use.
- Avoid contact with the eyes and mucous membranes.
- Essential oils should not be used during pregnancy, especially during the first sixteen weeks of pregnancy. Thereafter, consult a practitioner who will tell you which oils are safe in your case.
- Do not administer essential oils to babies. Consult your doctor before using essential oils with young infants.
- Always wash your hands thoroughly after using essential oils.
- Store the oils upright, in a cool place away from children and pets.
- Remember that oils burn easily. Take appropriate cautions when using burners.
- If suffering from hay fever or asthma, consult your doctor before using oils.

12. Technical Specification

1. Chemical Composition: Including Hazardous Components

Oils of Bergamot, Eucalyptus Globulus, Grapefruit, Rosemary, Tea Tree, Ylang Ylang, Sweet Orange, May Chang, Geranium Egyptian, French Lavender, US Peppermint and Ho Wood. These oils, undiluted, may cause irritation or sensitisation of the skin, eyes and lungs of the individual.

2. Hazardous Identification

These products are not required to be labelled according to the regulation 67/548/CEE governing hazardous substances.

3. First Aid Procedures

Skin Contact: Rinse with running water. Remove contaminated clothing.

Eye Contact: Rinse with sterile water or an eye wash solution for 15 minutes.

Inhalation: Move to fresh air and rest.

Ingestion: Drink water or milk to dilute. Consult a doctor.

4. Fire Fighting Procedures

Suitable Extinguishers: Normal extinguishers can be used (CO₂, powders, foams, halogens.)

Unsuitable extinguishers: Direct water jet.

Fire hazard: Products of combustion - Oxides of Carbon.

5. Accidental Release Procedures

Safety clothing: Wear clothing suitable for the emergency.

Environmental Precautions: Contain the leak with earth or sand. Prevent from entering drains and sewers; if this cannot be done advise the local authority.

Clean Up Procedure: Absorb spillage onto sand or earth. Transfer to a suitable container for disposal.

6. Handling and Storage Procedures

Handling: Avoid spillage and eye contact (gloves and goggles recommended).

Ventilation: Good general ventilation required.

Storage Conditions: Store at ambient temperature in a dark container. Store away from Oxidising substances e.g. bleach. Store in full containers; Stainless Steel for bulk or Glass for small quantities.

7. Exposure Control/Personal Protection

Respiratory: Not applicable.

Hand Protection: Wear Gloves.

Eye Protection: Wear Goggles if handling bulk.

Skin Protection: Wear suitable protective clothing.

Occupational Exposure Limits:

Since the material is not classified as HAZARDOUS there are no required limits.

8. Physical and Chemical Properties

Appearance: Mobile liquids

Odour: As description

Colour: From water white to Dark Orange

Solubility: Insoluble in water

Soluble in solvents

Soluble in alcohol

Boiling Point: Above 180° F

Flash Point: Above 62° F

Specific Gravity: Approx 0.9

Vapour Pressure mm: Not recorded

9. Reactivity and Stability

The oils are stable under normal storage conditions. After opening, the oils are prone to air oxidation and may start to deteriorate after six months.

Synergistic reaction: None reported.

Materials to avoid: Strong oxidising agents.

Polymerisation Hazard: None.

10. Toxicological Information

Hazardous Effects

Inhalation: Unlikely to be hazardous.

Skin Contact: Concentrated oils can cause skin degreasing with some irritation.

Eye Contact: Can be irritating to eyes.

Ingestion: Low oral toxicity.

11. Ecological Data

Essential oils are not harmful to the environment. This is a degradable product. However, do not release directly into the environment.

12. Disposal Methods

Recover the product where possible or bury in authorised landfill sites according to local authority regulations.

13. Transport Regulations

ROAD: Not hazardous

RAIL: Not hazardous

AIR: Not hazardous

14. Regulatory Information

Labels for Conveyance: Not classified.

Labels for Supply: None.

See paragraph Number 2.

15. Further Information

While ROMPA give the above advice in good faith it is not intended to be a substitute for customers own testing to ascertain good safety procedures.

These regulations were designed for handling bulk products and to readily identify Toxic & Hazardous Safety Data.

Safety information is under continuous review.

13. Installation

Not applicable

14. Care and Maintenance

Keep upright. Store in a cool place and out of direct sunlight.

15. Troubleshooting

Not applicable

Further copies of these instructions can be downloaded at www.rompa.com

We hope you find our instructions invaluable. If you have any suggestions for improving them further your comments will be greatly received – please contact us at

producthelp@rompa.com