

ROMPA[®]

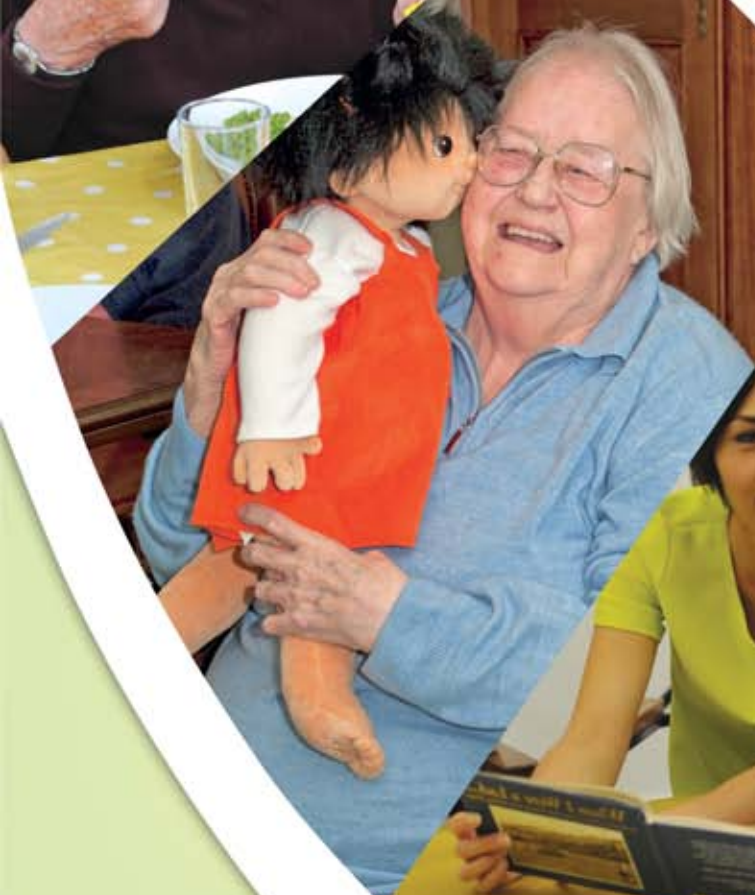
Life Changing Sensory Solutions For All

winslow[®]
RESOURCES

Promoting Health, Education, Social and Elderly Care

Meaningful Activities for Older Adults

3rd Edition



Welcome...

to Meaningful Activities for Older Adults 3rd Edition

Building on the success of last year's catalogue we are excited to be able to present to you our new and improved Meaningful Activities for Older Adults catalogue. With over 100 new products as well as old favourites, the catalogue is packed with both fun and practical resources for older adults as well as people who have dementia or other age related conditions. Our easy to navigate categories help you to find the resources you need. This year we have the following:



Snoezelen® Multi-Sensory Environments

Products that stimulate the senses and can relax and reduce agitation without the use of medication. Can be taken to the older adult and used in a dedicated space or holistically throughout the home.

Pages 07 - 16



Introduction

Make the most of your space and budget with our exclusive multi-purpose and multi-sensory products. Reminiscent in style with contemporary features, these are perfect for care settings and private homes.

Inside front page - 06



Dining Room

Renew an interest in food with a wide range of resources to engage older adults and to make dining an easier and more enjoyable experience.

Pages 17 - 22

Sensory Bathing

Help to make bathing and grooming more enjoyable by using products and décor within this section. Also includes practical aids that make bathing easier.

Pages 23 - 26



Pub & Cinema Rooms

Recreate these popular social hubs at home or in your care home with iconic products, games and décor. Use these spaces to create social interaction opportunities, reminiscence and activity based evenings.

Pages 27 - 32





Snoezelen® Multi-Sensory

“ Our Meaningful Activities for Older Adults Catalogue has been created to help older adults and to support people with Dementia as well as their carers and family members. ”

Donna Hartley, Managing Director

Indoor & Outdoor Garden

Gardening is a popular hobby. For those who are no longer able to enjoy their garden we have a range of resources to help bring their hobby to them. For those who are physically able we also have a range of equipment that can be enjoyed outdoors.

Pages 33 - 42



Activity Room

Keep minds active and sharp with fun activities, games and more!

Create talking points and sessions about certain interests and share quality time with loved ones.

Pages 43 - 58

Holidays, Special Occasions & Reminiscence Activities

Holidays conjure positive memories from our childhood and adult life. Products in this selection promote reminiscence of holidays past. There are also some fantastic resources to take on trips!

Pages 59 - 67



Meaningful Gifts

Buying for an older friend or relative can sometimes be problematic!

Take a look at some of these gift ideas to help you.

Pages 68 - 71

Saver Packs

The best of certain themes brought together for you to buy economically and with ease. Our saver packs include themes such as the garden, the home, animals and games.

Pages 72 - 75





Fundraise now to get the equipment you want later in the year..

Why not use some of the products throughout this catalogue to help you fundraise for equipment later in the year?

Calling all care homes! Fundraising ideas are available in abundance throughout this catalogue to help you fundraise at:



Christmas Fairs



Open Days



Awareness Days



Summer Fêtes



And more!

With a little luck and generosity you will be able to put the money towards equipment that can really benefit your residents, making the workplace a better environment for carers and having positive effects throughout your care home.



Lucky enough to have some money in the pot? Here are a few ideas of what you may wish to spend it on!

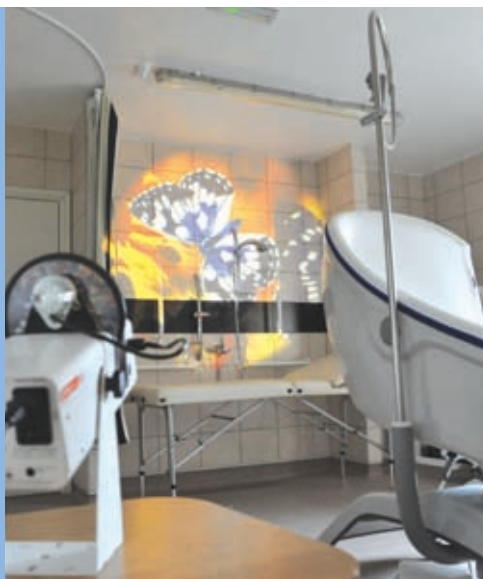
Reminiscence Rooms

Reminiscing is an enjoyable pastime and useful therapy for older adults and people with dementia. Reminiscence rooms can provide a flexible space in which to encourage social interaction and run many other meaningful activities.



Other Sensory Environments

We can help make many other environments accessible to older adults and their families... Add sensory equipment to a bathroom to make bathing less stressful, an indoor or outdoor sensory garden for older adults and their families to enjoy and much much more!



Cinema Rooms

Adapt a space in your care home into a cinema room. Create an entertaining and social area for people to enjoy screenings of classic films and popular TV series for older adults to enjoy.





Transform any space into a multi-sensory reminiscence area with our innovative, space saving sensory furniture range...

Have an unused space that you would like to turn into a valuable resource? Use our expertise and our free design service!

Contact us today on 01246 211 777 to discuss how we can help you to transform your area.

Our team can help you to create an environment which feels like it is from another era that can also be transformed into a fully functional sensory room providing calming effects.



Faux Flame 'Fireplace'

Space can be at a premium in care homes and you may not always be able to have a Snoezelen® Multi-Sensory Environment and a reminiscence room. We have addressed this problem by combining traditional furniture with Snoezelen® multi-sensory products.





Multi-Purpose Reminiscence Furniture

BENEFITS

- Multi-purpose and multi-sensory
- Traditional styling with a contemporary twist
- Reassuringly reminiscent with modern day functionality
- Practical and meaningful
- Perfect for those without the space for a dedicated Snoezelen® Multi-Sensory Room
- Comfortable and comforting

Product designs may vary

2. Faux Flame 'Fireplace'

A focal point for any room. Far safer and more practical than a real fire, this visually appealing centrepiece implies warmth but does not heat up, avoiding the risk of injury and discomfort. Adds character and sensory comfort to rooms that have central or underfloor heating. The mood lit area changes colour slowly to attract and keep attention whilst the retro styling is reminiscent of household styles of yesteryear. Mains-powered. Size: 104L x 45W x 129cmH E722792

£ 625.00



4. Illuminated Book Case

Perfectly displays treasured trinkets, prized possessions and beloved belongings. Spacious shelving allows books, nostalgic items, reminiscence resources, activities and comforting objects to be stored in a tidy and accessible way. No ordinary book case, this sturdy ROMPA® unit has built-in LEDs to better show items placed on it and to provide subtle and colour-changing lighting. Size: 95W x 28D x 129cmH E722795

£ 375.00



Rocking Chair

Allows repetitive rocking movements which are soothing and calming. The comfortable cushions to the seat and back are available in hardwearing and easy to clean faux leather. With arm rests and a sloped back to encourage a restful seated position. The fabric is fire-retardant (Crib 5), phthalate-free, anti-microbial and REACH compliant. Please specify cushion colour required when ordering: orange, blue, spearmint, purple, lime or chestnut. See page 13 Size: 88L x 62W x 90cmH; Seat 49W x 47cmH

Prefer a static chair? No problem! Simply unscrew the curved bases from the legs using an Allen key

E722789

£ 475.00



1. Grandfather Glow Clock

Classically styled with surprisingly contemporary benefits. With a large, traditional-looking and working clock for orientation. The column is attractively illuminated to provide relaxing and gentle light that softly changes colour and bathes the surrounding area in subtle hues. Purposefully designed to exclude the weight, bulk and noisy chiming of the real thing, this stunning alternative intentionally includes soothing sensory features to captivate and comfort. Mains-powered. Size: 58L x 60W x 200cmH E722793

£ 565.00



3. Multi-Purpose Television

With all the definition, reliability and quality of a modern TV with the reassuring and nostalgic appearance of early models. The old-style exterior deceptively houses an up-to-date television, allowing viewing of favourite programmes. Also includes a DVD Player as well as HTMI and VGA ports at the back for use as a projector for our Sensory Magic® system (see page 9). With an integral shelf for storage. Mains-powered. Size: 74L x 40W x 77cmH E722794

£ 695.00



5. Infinity Table

A generously-sized table with a beautiful and engaging visual effect. Safely enclosed lights give the illusion of continuing deep within the spacious table. These maintenance-free LEDs automatically change colour in a gentle cycle to provide soothing mood lighting and to maintain interest. With an integral shelf for additional storage of books, magazines and so on. Mains-powered. Size: 110L x 65W x 40cmH E722791

£ 675.00



Fibre Optic Table

Large enough to keep necessities to hand with the added benefit of sensory activity. When not being used to hold drinks, reading glasses etc. on the top, the 100 fibre optic strands can be placed over the user's lap to provide soothing mood lighting that can be safely held, touched and explored. The strands can be stroked, whilst their weight over the knees is in itself calming. The strands change colour softly in sequence to maintain interest. With an integral shelf for additional storage of books, magazines and so on. Mains-powered. Size: 40L x 50W x 40cmH; 100cmL fibre optic harness E722790

£ 450.00



Compatible with ROMPA®'s remote colour controllers to encourage empowerment and choice. For more information visit www.olderadults.co.uk/controllers

snoezelen®



Want a traditional sensory environment?

A Snoezelen® Multi-Sensory Environment is a space for enjoying a variety of sensory experiences and where gentle stimulation of the senses (sight, sound, touch, taste, smell and movement) can be provided in a controlled way.

We have been providing Snoezelen® Multi-Sensory Environments for over 30 years. Contact us today to benefit from our free design service!

Call 01246 211 777 or
Email info@olderadults.co.uk

Dr Lesley Collier – Snoezelen® Multi-Sensory for people with Dementia

Lesley has a long standing relationship with Rompa® and Winslow®. She has advised us in many areas of the effectivity of using Snoezelen® Multi-Sensory Interventions for people with Dementia and cognitive impairments.

“The right level of sensory stimulation helps to relieve stress and boredom; to engage in activity also involves an act of communication that enhances the feeling of comfort and well-being.”

Dr Lesley Collier, Senior Lecturer
at The University of Southampton



Snoezelen[®] Multi-Sensory Environments



Relieves stress and improves mood

Benefits

- Positive changes in mood and behaviour
- Relieves stress, agitation and boredom
- Increases attention and participation
- Improves relationships with care givers and staff
- Enhances choice, communication and well-being
- Effective non-pharmacological alternative



500 Applications



To be used on the floor, a table top or a wheelchair tray



Easy to move from room to room



Mobile Interactive Floor Projection

Interact with projected imagery on the floor or a tabletop using movement. Swipe your foot across the floor to kick a virtual football ... walk through a pond to make fish swim ... brush aside leaves to scatter them in all directions and reveal an image ... press on the correct answer buzzer in a multiple choice quiz ...

BENEFITS

- Easy to use
- Visual, audible and super-responsive
- Endless opportunities for interaction and enjoyment for all the family
- Empowering and encourages choice and control
- Manoeuvrable from room to room and extremely flexible
- Meaningful and engaging activities
- Height-adjustable for variable image size – use on wheelchair trays, table tops as well as large floors
- Compact and installation-free
- Large library content - 500 applications and 35 templates
- Easily customisable to create person-centred content
- Includes the highest quality and clarity short-throw projection available

To find out more and watch our videos on line go to www.rompa/interactiveprojection

E722589

VAT Relief

£ 7995.00



Simple touch screen interface



Create a themed room



Fun and enjoyable



Lots of activities

Care and Sensory Magic®

- Two touch-screen systems in one
- Exclusively available from ROMPA®

Care - Computer Aided Reminiscence Experience

Specifically developed for people with Dementia and designed to be simple to access. Includes an extensive library of activities to stimulate memory, problem-solving, mental fitness and conversation prompting. Plug and play, although the real value of this system is that it can be easily personalised with your own media, such as family photos and favourite films. Fun and enjoyable, with plenty of opportunities for socialising. With orientation tools and Skype to foster communication. Secure, with individual log in details.

Sensory Magic®

Offers the individual a safe sensory environment which is structured and predictable. The sensory room can be set according to each individual's needs and preferences, so that each and every time the experience is identical, providing continuity and stability. In this way, anxiety levels are kept to a minimum. The MSE can be subtly and slowly altered over time to introduce new colours, images and sounds at the individual's own pace. Users can be immersed in a virtual reality experience honed to their own requirements that can be calming and soothing, or stimulating and engaging. With the ability to create your own themes, the possibilities and choices are infinite. Requires ROMPA® multi-sensory products and internet access for remote support.

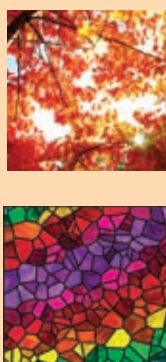
E720848 Wall-mounted system including pre-loaded software, touch screen, wireless keyboard and mouse, digital projector and stereo speakers VAT Relief **£ 5995.00**

E721098 Portable system - all-in-one PC with pre-loaded software, keyboard and mouse VAT Relief **£ 4995.00**



For more information about the products which are compatible with Sensory Magic® please visit www.olderadults.co.uk





LED Ceiling Panels

Transform an uninspiring or dark space into an inviting, cosy environment. The ultra-thin LED panels replace the desired number existing ceiling tiles. The high-quality image helps create an atmosphere and provide an illusion of daylight, as if it were a real window. Consists of 60x60 cm LED panels, graphic photo, adapter and white aluminium lifter. Please contact us to discuss image required.

- Large and bright visual display – visible from a distance, for visually impaired users, multiple users
- Simple to install – standard ceiling panel sizes
- Suitable for all ages and abilities
- Can be enjoyed regardless of ability – does not require any intellectual reasoning or prediction
- Realistic artwork – looks authentic
- Static so won't cause dizziness – motionless unlike Projectors and Effect Wheels
- Colourful and clever optical illusion – implies access to the outside in rooms that have no natural light
- Great for individuals who are bed-bound, who spend hours looking at a ceiling and who are otherwise unable to access outside spaces
- Cheerful and bright – could help lift mood – soothing, universally-liked motifs
- Distracting in medical treatment areas and dentists
- Makes maximum use of minimal space – good for small rooms with larger budgets
- Could be used to generate a theme e.g. with outdoor aromas, aquatic bubble tubes etc

E721491 Set of 4 **£ 995.00**



Stimulation and drug-free pain relief

Stiiiv Pro

An evidence-based, non-invasive massage tool recommended by notable healthcare institutions to deliver vibrations reaching 6cm deep into tissue. Input can be easily quickly increased/decreased. For use through clothing or directly on skin. Two different sized and shaped interchangeable heads for different areas. Can help increase blood circulation and metabolism, regulate muscle tension, provide sensory tactile stimulation and offer effective drug-free pain relief. Beneficial for interventions for voice and swallowing disorders, scar treatment, spasticity, facial palsy, arthritis, tennis elbow, acupressure, heel spur etc. Useful for SLT's, Physio's, OT's, pain management, neuro-rehabilitation, osteotherapy teams and other therapeutic practitioners.

E756024 VAT Relief **£ 199.95**



Relaxation Saver Pack for Older Adults

An affordable pack of visual, tactile, auditory and aromatic resources to promote relaxation and calming. Contents may vary, but typically includes a Vibration Pillow, an Oasis Aroma and Sound Diffuser, a Laser Sphere Projector, a Fibre Optic UFO and a Precious Pet Puppy. A great starting point from which to build up your multi-sensory provision. Offers a saving compared with individual purchases. Requires various batteries (to be purchased separately).

E722733 **£ 199.95**





Manhattan II

A mobile multi-sensory unit that can be moved from room to room. The Manhattan II is practical, versatile, sturdy and aesthetically pleasing. With built-in speakers.

Includes:

- Bubble tube
- Music system
- Fibre optics and light source
- 8 Colour Wirefree Controller
- Projector
- Storage compartments

White unless another colour is specified. Wood. Please note: the Manhattan is not intended to be sat or stood upon.

Size: 72W x 78.5D x 159cmH (without the projector)

E720949

VAT Relief

£ 2895.00



Manhattan II with LED Waterless Rainbow Tube

Specifically created for areas where infection control is paramount. A multi-sensory unit that can be moved from room to room.

Practical, the sensory resources can be taken to the users, rather than their having the discomfort of moving to a potentially unfamiliar environment.

Includes key Snoezelen® products to encourage relaxation or distraction and stimulation:

- LED Waterless Rainbow Tube
- Fibre Optics and Light Source
- Music system
- Projector
- Wireless Controller for choosing light colours
- Storage compartments

Size: 72W x 78.5D x 159cmH (without the projector)

E721774

VAT Relief

£ 2995.00

Communal Orientation Clock

A constant and reassuring source of information regarding time for communal areas such as hospital wards, day rooms, care homes and more. Includes custom software which can be attached to a large screen. The time is displayed in 3 different formats (traditional clock face; digital time (a.m./p.m., day of the week, date); now it's (day, time of day e.g. morning)). The screen changes slowly and can display seasonal pictures as well as your own images (e.g. to correlate with visiting times) and your place name. Developed in conjunction with individuals at an older people's ward in a hospital and is intended for those agitated by a change of routine and by those who have Dementia.

- Large screen for better visibility and greater impact than standard clocks
- Comprehensive presentation of time, including those with variable levels of cognition
- Identifies day and night which is beneficial in 24 hour and constantly-illuminated environments such as hospitals
- Assists staff by answering and reinforcing repeated questions such as 'where am I?' and 'what time is it?'
- Seasonal slide shows offer visual clues as to the time of year as well as views of the outside that may not be readily accessible
- Automatically up-to-date information shown – not reliant on staff (unlike for more basic signage)
- Accessible by all

Mains-powered. Includes the screen, software and wall-mount. Size: 68cm (27") screen

E755788

£ 595.00



New Line

Ready for production shortly. Order now!



Support without compromising on comfort
Suitable for a range of environments



Chatsworth Furniture

Comfortable and practical. Supportive, this range of British-made furniture is available in a large range of colours to match your room. Contact us today to request a fabric swatch. Foot stools, corner units and modular settees also available.

E722553 Chatsworth Chair Deluxe Fabrics Size: 75W x 80D x 75cmH **£ 355.00**

E722555 Chatsworth Chair Deluxe Fabrics with high back Size: 75W x 90D x 108cmH **£ 475.00**

E722557 Chatsworth 2 Seat Settee Deluxe Fabrics 2-seat settee allowing a carer or relative to sit close to the client. Size: 135W x 80D x 75cmH **£ 525.00**

E722559 Chatsworth 2 Seat Settee Deluxe Fabrics with high back Size: 135W x 90D x 108cmH **£ 675.00**

E722586 Large Foot Stool Deluxe Fabrics **£ 195.00**

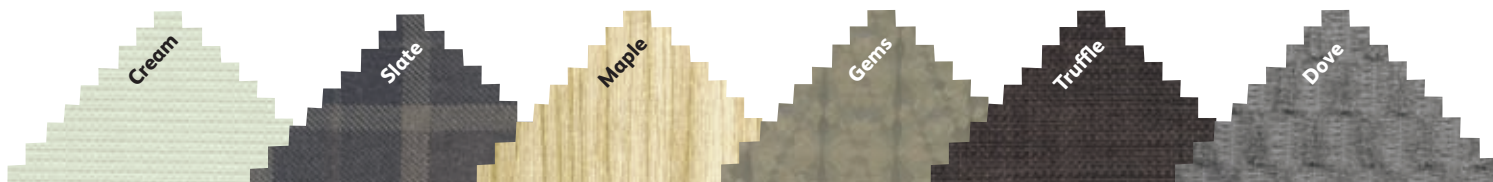
E722797 Chatsworth Rocking Chair Deluxe Fabrics Size: 75W x 80D x 75cmH **£ 595.00**



Deluxe Fabrics: Textured Fabric

Contemporary yet classy colours with a blend of texture and softness to suit every indoor environment. Beautiful, tactile and practical. Fire-retardant (Crib 5), stain-resistant, phthalate-free and REACH compliant. The fabric itself is waterproof, although seams are not due to the nature of stitching. All the colour options are anti-microbial, with the exception of Slate.

The sides of the Chatsworth furniture can be made in Textured Fabric, whilst the remainder (e.g. seat and cushions) is typically in Faux Leather.





There are lots more options available in the Chatsworth range, including Corner Units and Settees with single arms (Left or Right). Our furniture is also available in PVC (vinyl), in a choice of 18 colours. Multiple pieces can be placed together to maximise the space available.

Contact us for prices for matching cushions.

Deluxe Fabrics: Faux Leather Fabric

Available in striking colours, this subtly-textured fabric is as hard wearing as it is stylish. Vibrant yet tasteful, this strong fabric is a combination of PVC, Cotton, Polyester and PU. Fire-retardant (Crib 5), phthalate-free, anti-microbial and REACH compliant. The fabric itself is waterproof, although seams are not due to the nature of stitching.

Whole pieces of Chatsworth furniture can be made in up to two colours of Faux Leather, or one colour can be selected with one colour of Textured Fabric on the sides.





Snoezelen® Sensory Corner Kit

- Easy to install
- Ideal for small spaces
- Great Value



Deluxe Snoezelen® Sensory Corner Kit

Snoezelen® Sensory Corner Kit

Transform a corner of a room into an interactive Snoezelen® Multi-sensory Environment. Ideal for those with minimal space, this kit includes some of our most popular products and has been designed to be easily installed. Comprehensive and affordable. Includes:

- Maxi Bubble Tube 1.5mH
- Fibre Optics 2m x 200 strands
- Light Source
- 2 Curved Mirrors 165 x 80cm
- Cream Curved Cushioned Platform 80 x 80x 30cm
- 8 Colour Wirefree Controller
- Bubble Tube Collar (15cm)

We recommend that BCB Fluid and a Rapid Change Water Pump are purchased separately.

E722517 VAT Relief **£ 1295.00**

Deluxe Snoezelen® Sensory Corner Kit

Makes the most of minimal space. Includes some of our most popular products and is easily installed. Comprehensive yet affordable. Even more interactive than the Kit 22517, thanks to the fibre optic carpet, wall panel and the Deluxe version of the remote control. Great for choice and empowerment, the Deluxe Switch adds a variety of sounds and switching options. Includes:

- Maxi Ball Bubble Tube 1.5mH
- Fibre Optics 2m x 200 strands
- Light Source
- 2 Curved Mirrors 165 x 80cm
- Cream Curved Cushioned Platform 80 x 80 x 30cm
- Deluxe 8 Colour Wirefree Controller
- Bubble Tube Collar (20cm)
- Infinity and Beyond Wall Panel (white)
- Single Panel Porter
- Milky Way Carpet (2 x 1m) and Light Source

We recommend that BCB Fluid and a Rapid Change Water Pump are purchased separately.

E722518 VAT Relief **£ 2995.00**



Sensory Scenes Set

As dementia progresses it becomes more and more difficult to engage in a meaningful way. Each Sensory Scene is great activity for those relaxing in their room and especially for those near end of life. By combining sound and scents, these can be soothing and relaxing, to give the feeling of reassurance, captivating them in a natural environment. Each comes with one room spray and a 60min CD of specific sounds to a particular theme.

Size: box 27 x 14.4 x 7.2cmH

E722403	Garden (with Rose and Geranium scent)	VAT Relief	£ 16.66
E722404	Seaside (with Sea Spray scent)	VAT Relief	£ 16.66
E722407	Forest (with Autumn Forest scent)	VAT Relief	£ 16.66
E722408	Storm (with Rain scent)	VAT Relief	£ 16.66



20940

22839



22748



Abstract Tactile Panel by ROMPA®

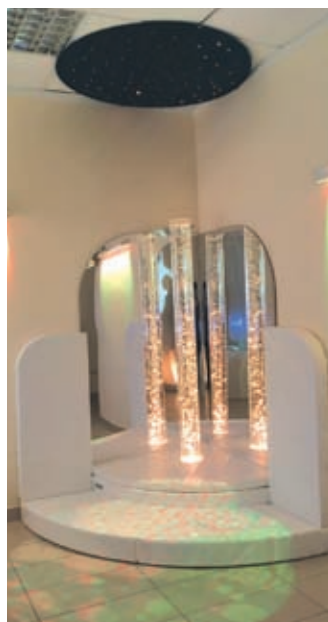
Multi-sensory, decorative and engaging. Aesthetically charming as well as highly tactile. A large variety of fluid shapes, raised and recessed areas as well as contrasting textures make this contemporary looking panel as pleasing to the touch as to the eye. Textures have been carefully chosen to offer a range of temperatures, softness/hardness, smoothness/coarseness and include fabric, tile, carpet, synthetic turf and safety mirror. To be wall mounted. Wooden frame. Colours and features may vary. Size: 115 x 115cm

We can make bespoke Tactile Panels to suit your specific requirements - contact us for a quotation

E720940		VAT Relief	£ 495.00
E722748	Fibre Optic Abstract Tactile Panel	VAT Relief	£ 1095.00
E722839	Midi Abstract Tactile Panel	VAT Relief	£ 395.00

Star Ceiling Circle

A light-weight and easy to install ceiling centre-piece. With multiple light points that change colour in sequence. Decorative, install out of reach as this is not intended to be handled. Provides a calming focal point, especially for those who spend long periods of time bed-bound. Dark blue. Aluminium ring with a serge material centre. Light Source (19210) to be purchased separately. The colour of the lights can be selected using our wireless controllers (see www.rompa.com). Size: 122cm diameter



E721966		£ 350.00
E719847	Deluxe 8 Colour Wirefree Controller (to choose the colour of the lights)	£ 275.00



Complete Snoezelen® Wagon

This fully equipped, compact and mobile Snoezelen® resource is an absolute must! Manoeuvrable and space-saving, to give you maximum flexibility of use. Considerable saving compared with buying the components individually. Includes:

- Snoezelen® Wagon,
- Wagon Cover,
- Light source and fibre optics,
- ROMPA® Midi Bubble Tube,
- Projector,
- Magnetic Wheel Rotator,
- Choice of 2 Magnetic Effect Wheels,
- Create Your Own Effect Wheel,
- Voice Responsive Dome,
- Massage Tube,
- Vibration Pillow,
- Aroma Diffuser and Aromatherapy Kit,
- Portable CD Player,
- Choice of 3 CDs,
- More than 25 tactile balls and rings

Snoezelen® on the go!

Please specify choice of effect wheels and CDs. Various batteries required (to be purchased separately).

Size: 70L x 79W x 110cmH

This pack may contain some small parts. Contents may vary.

E718784 **£ 2750.00**

For more mobile products see the Manhattan ranges on page 11

Light Source

Required to illuminate our Star Ceiling Circle and our Super Safe Fibre Optics. With LED technology so cool-running and maintenance-free. Compact and can be wall-mounted. Size: 18L x 8W x 5cmH

E719210 VAT Relief **£ 165.00**





Bedside Lighting Tablet

A sleek, ergonomic, high-quality, table-top light for the home. Functional yet stylish. A cost-effective and non-pharmacological aid for the self-management of sleep problems among older people. Keeping on ordinary lamps prevents quality sleep which can lead to ill-temper and impacts on health. Switching on ordinary lamps suddenly can be startling and discomforting. Particularly valuable for older adults as it reduces anxiety, provides peace of mind and a sense of security, helps spatial awareness and can help reduce falls by avoiding the need to fumble for a light switch in the dark. Especially useful for bedrooms as a nightlight because it provides a low-level glow which allows un-interrupted, quality sleep. On waking at night this provides a focus in a room, allowing items such as spectacles, water, phone and other essential personal items to be easily identified without switching the main light on. With LCD backlight technology to produce an even distribution of light. Controlled by a touch panel - switch on anywhere along the main edge. The brightness can be altered by touching two small 'bright' and 'dim' zones. When switched off, it remembers its previous light setting. Cool-running and with low power consumption. With non-slip feet and resistance to spills.

Size: 40L x 40W x 2.5cmH
 E722110 Warm White Light: for in the home or as a nightlight VAT Relief
£ 94.95

E722111 Cool White Light: for illuminating displays and work surfaces VAT Relief
£ 94.95



Laser Sky Projector

The night time beauty of a stellar sky - indoors. Visually captivating and relaxing. Compact yet transforms a whole ceiling or wall. Ideal for domestic use. Can be wall mounted. Includes AC adapter.

Size: 28 x 24 x 21cm
 E719908 **£ 129.00**



Pos-Pod™ 'V' Cushion

Bead-filled supportive cushion. Especially comfortable when placed behind the upper back to support the shoulders and neck. Useful to help adults to sit up in bed to read or to drink.

Size: 100 x 100cm
 E720778 VAT Relief **£ 80.00**



This section shows just a small selection from our huge range of ROMPA® multi-sensory resources.

Request your free copy of the ROMPA® catalogue today

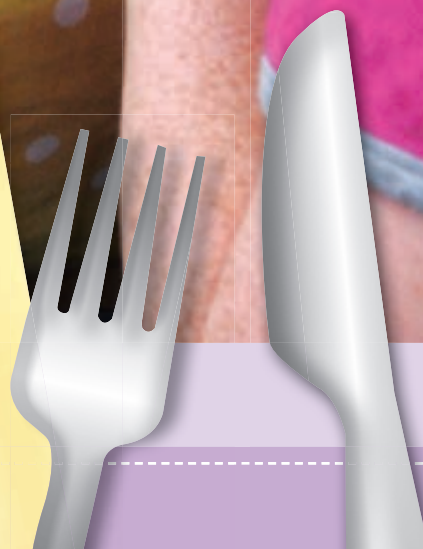
Snoezelen® Dining Room



Renews an interest in food

Benefits

- Renews an interest in food and stimulates appetite
- Increases alertness and so reduces sleeping during a meal
- Facilitates discussion about likes, preferences, personal life histories and eating habits
- Reawakens the senses to transform mealtimes into multi-sensory and pleasurable experiences
- Makes eating a shared opportunity for socialising





1. McDougall's Flour Apron

Whenever it is safe to do so, adults should be encouraged to assist in the preparation of foods and drinks to maintain independence, life skills and self-worth. This apron protects clothing and can be used to initiate conversation. Fastens around the neck using the top strap and two half circle metal rings, and around the waist using the strap on each side. 100% cotton. Washable at 40°.

Size: 90L x 69cmW; each strap approx. 67cmL

E722178 **£ 9.95**

2. Photo Mat - Set of 4

Useful to stimulate older people before and during mealtimes. Slide up to 4 photographs, images or messages into the pockets on the underside of the mat. For example, insert family or holiday snaps to encourage conversation before the meal arrives, or write informative notes such as what's on today's menu. Easily personalised, you can change the display as often as you wish e.g. with seasonal photographs or update the contents together with residents and their families as a collective and shared activity. The slightly frosted pockets accommodate images up to 14.5 x 10cm. Easily wiped clean. Colours may vary.

Size: 45 x 30cm

E755783 **£ 4.95**

3. Tea Caddy

Adds a touch of nostalgia to your kitchen or living area. Use as a practical storage solution, or as a prompt that can be handed round in group discussion sessions. At the first sign of crisis us Brits typically make tea, so older adults may have many memories associated with this ever-popular brew. Wipe-clean.

Size: 10.5 x 10.5 x 11cmH

E722154 PG Tips **£ 4.95**

E722155 Typhoo Tea **£ 4.95**



4. Coaster - Set of 6

Nostalgic, practical and inexpensive. A great conversation-starter and ice-breaker, especially with a lovely cuppa. Set includes 6 of the same design. Size: approx 10 x 10cm

E722146 Typhoo Tea **£ 9.95**

E722147 Munchmallows for teal **£ 9.95**

E722148 Colman's Mustard **£ 9.95**

E722149 Bird's Custard **£ 9.95**

E722150 Penguin **£ 9.95**

E722152 Bovril **£ 9.95**

5. McVitie's Ginger Nuts Biscuit Tin

Biscuit anyone? We all have our own sugary favourites and this is a lovely way to find out the favourites of the adults you care for. Nostalgic, practical and a fabulous gift.

Size: 19.7cm diameter x 8.5cmH

E722169 **£ 6.45**



6. McVities Coasters - Set of 4

A lovely set to get tongues wagging. Plain or chocolaty, soft or crunchy - whatever your biscuit preference, these coasters are a simple but effective way to start off food-related chatting.

Size: approx 10 x 10cm

E722153 **£ 5.95**

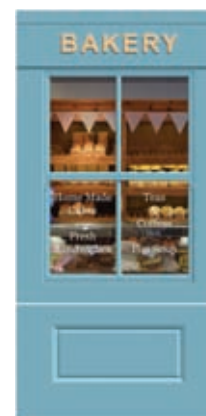
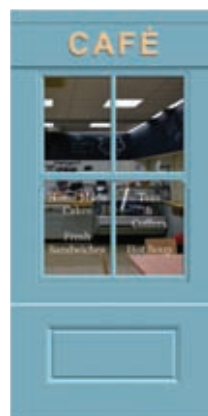




Display Frame

Easy way to display information, schedules, menus, cards, posters, photographs and creative artwork. Practical for orientation and sequencing purposes as well as decorative and uplifting. For individuals who are bed-bound or who spend a lot of time in a few places, these allow the visual stimulation in a room to be repeatedly and regularly refreshed and updated. Use to encourage grandchildren to bring Nana or Grandpa their paintings and drawings. Simply slide your information or imagery into the slot and change this as often as required without removing the frame from the wall. Especially effective when used in multiples. To be wall-mounted. White

E722465	Single A4	Size: 35 x 30cm	£ 13.95
E722466	Double A4	Size: 35 x 52cm	£ 19.95
E722467	Triple A4	Size: 35 x 76cm	£ 24.95



Dining Room Murals

Fabulous, high-quality printed wallpaper murals designed by a caring team of professional mural artists, photographers and illustrators who create resources solely for the care home industry. Each wall mural has meticulous attention to content detail, perspective and depth. The subject matters are inspired by residents and residential home requests and have been tested and proven with installations nationwide. These murals are more than just a decorative, quick and easy way to revamp a corridor or room. They are also practical, being an effective orientation tool for residents. Specific areas used for specific purposes become visibly obvious. Simple to put up with clear instructions. Standard height: 240cmH.

E722303	Bakery (Single Drop 120W x 240cmH)	£ 165.00
E722304	Café (Single Drop 120W x 240cmH)	£ 165.00
E722308	Restaurant (Double Drop inc. door print 235W x 240cmH)	£ 307.00



Nostalgia Music Centre

Great for tea dances and for livening up mealtimes. Traditional-looking with contemporary features. Features: 33/45/78 rpm turntable, draw loading CD player, MW-FM Stereo Radio, Cassette Player, Line Out Socket and Line In Socket. Mains operated. Oak-look finish. Model may vary slightly subject to availability.

E720525	£ 115.00
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Image displayed with kind permission from Westfield Park

More murals sizes available. For more information please visit www.olderadults.co.uk



Dinnerware

Virtually unbreakable dinnerware. Attaches to a removable suction-pad base and will not move on clean, flat surfaces, even when knocked or struck. Ideal for individuals who require assistance when eating. Dishwasher and microwave-safe.

E721701 Divided Plate and Base The divided compartments keep different food stuffs separate for those who don't like different foods touching or becoming mixed up, as well as helping with portion control. Size: 5cmH x 23cm diameter **£ 34.95**

E721702 Bowl and Base Perfect for cereals, desserts and snacks. Size: 9cmH x 21cm diameter **£ 34.95**



Super Grip Utensil Sets

Light-weight with a textured handle to reduce slipping. With a large 2.5cm (1") diameter handle for easier holding and use. Stainless steel and ABS plastic for years of use. Dishwasher-safe.

E721706 Standard Includes knife, fork, dessert spoon and teaspoon. Size: 22cmL x 2.5cm diameter handle **£ 44.95**

E721707 Angled - Left Includes fork, dessert spoon and teaspoon. Size: 23cmL x 2.5cm diameter handle **£ 37.95**

E721708 Angled - Right Includes fork, dessert spoon and teaspoon. Size: 23cmL x 2.5cm diameter handle **£ 37.95**



Double-Handled Mug

This transparent mug makes drinking easier and safer for those with weak grip or tremors. Accommodates adult fingers, whilst the drinking spout helps prevent spills. Safe for dishwasher and microwave use. Can be sterilised in boiling water. Holds 296ml (10 fl oz). Size: 13H x 14cmW including handles (9cm diameter)

E721699 **£ 11.95**



Halo™ Cup

Unique design helps reduce accidental spills. The handle helps the user to hold it easily while the wide 'halo' base provides stability. Stackable for compact storage. Dishwasher-safe. Colours may vary. Holds 192ml (6.5 fl oz). Size: 11H x 11cmW (cup 6cm diameter)

E721705 **£ 5.95**



Flow Control Cup

Ideal for drinking whilst reclining. The lid features a mouth-piece with a hole large enough for a straw. The liquid flow can be regulated by placing a finger over the small air inlet hole situated directly opposite the mouthpiece. Dishwasher-safe and autoclavable. Holds 237ml (8 fl oz). Size: 13H x 9cm diameter

E721700 **£ 3.95**



Menu Book

An essential tool that helps bridge the gap between carers and residents. This easy to understand book helps reduce frustration and misunderstanding by removing language as a barrier, letting the pictures do the talking. Colourful images of commonly eaten dishes provide an effective way of expressing menu choices at a time when communication can often be difficult because of language, cultural or generational differences, or because of a sensory impairment (such as hearing difficulties). Each selection contains pictures of everyday meals, drinks and snacks. By pointing at the dishes on the menu choices are clear, giving people control over their menu selections. This book also includes three wipe-clean boards to write your own messages and menu choices. 21 pages. Ring-bound. Size: 21 x 15cm

E721408 zero-rated **£ 15.00**

Food Photo Cards - Set of 50

Colourful and current photographic images to foster conversation, encourage awareness of individual preferences and dislikes and to facilitate communication where care-givers and residents do not share a common language. Each card is labelled on the reverse on 17 common languages including English, Polish, Italian and Filipino. For ease of use all the cards are consistently horizontal. Cards have a glossy protective varnish and so can be wiped clean with a slightly damp cloth. Size: 12 x 8.5cm
E755313 **£ 19.95**



Platzmat™

With highly contrasting colours, this flexible yet non-creasing mat provides a clear visual location for tableware for individuals who have cognitive difficulties with eating utensils. Useful for those who have forgotten how to lay the table, as well as for those learning these skills for the first time in preparation for independence. Setting the table is a low-risk task which fosters the mothering instinct which is strong in many ladies with Dementia. Helping in activities around the home such as preparing the table for a meal is a worthwhile activity that promotes self-worth and satisfaction. Developed and trialled in collaboration with a leading supplier of products for individuals with Alzheimer's. Safe, practical and with a non-porous surface. Non-slip, non-toxic, latex-free and phthalate-free. Made from a robust reinforced webbing covered in silicone. High temperature resistance (up to 260°C) so can be cleaned in a dishwasher, or simply wiped clean using standard detergents.
Size: 37.8L x 30.4W x 0.11cmD

E722114 Each. Red, green or blue - please specify colour required when ordering. VAT Relief **£ 16.99**
E722115 Set of 6. Red, green or blue - please specify colour required when ordering.

Weighted Utensil Set

Attractive and functional. Especially helpful for individuals who have hand tremors as a result of illnesses such as Parkinson's Disease. A slight indentation places the fingers in a comfortable, ergonomic position for easier handling. Polished stainless steel with solid handles. Utensils weigh approximately 200g (7 oz) each. Includes knife, fork, dessert spoon and teaspoon. Dishwasher-safe. Size: approx 19 to 23cmL
E721709 **£ 52.95**



Stimulating Nostalgia Mats

Decorative and conversation-prompting. Ideal for older music lovers, these wipe-clean mats can be used to encourage older adults to discuss their favourite songs, performers and memories before the meal arrives, and in between courses. Keep flat. One-sided. Colours and styles may vary.
E755778 Record Place Mat - Set of 4 Size: 39cm diameter x 0.1cmH **£ 4.95**
E722196 Record Coaster - Set of 4 Size: 11cm diameter x 0.1cmH **£ 1.95**

Talking Tin

Compact and practical - originally designed to help the visually impaired to identify the contents of tinned foods. Magnetic - will sit on top of steel tins. Record (and re-record) and play back messages, music or sound effects. Speedy means of capturing spoken words. Includes 3 AG13 (LR44) batteries. For 3 years and over.
Size: 7.9cm diameter x 2.2cm
E720363 Yellow 20 seconds recording **£ 6.00**
E720362 Red 40 seconds recording **£ 8.00**



Non-Slip Mats and Rolls

These provide a secure surface on which to eat, drink, exercise or play and have proved their usefulness and versatility in the physiotherapy and medical fields. These unique materials prevent slipping without the need for permanent fixing. They provide a firm grip for cups, plates and personal items, a secure surface underfoot for rockers and gait correction, and stability and security for exercising, manipulation and traction. Latex free. Colours may vary.
E713759 Non Slip Mat Size: 14cm diameter **£ 9.95**
E713761 Non Slip Mat Size: 19cm diameter **£ 13.95**
E713763 Non Slip Mat Size: 25 x 18cm **£ 16.95**
E714317 Non Slip Mat Size: 45 x 38cm **£ 29.95**
E713767 Non Slip Roll Size: 20cm x 2m **£ 27.95**
E713769 Non Slip Roll Size: 40cm x 2m **£ 49.95**



Gripables Comfortable Cutlery Set

Light-weight, textured-handled cutlery. Intended for those with grasping difficulties. The raised rings of the soft plastic handles allow a better grip and so the cutlery is less likely to slip out of the hands. Each set includes a knife, fork and spoon. Dishwasher-safe. Size: spoon 15cmL; knife 14cmL

- E721703 Pink **£ 9.95**
- E721704 Blue **£ 9.95**



Bird's Custard Ceramic Jug

Brighten up the dining table with this reminiscence-themed jug. Attractive, decorative and useful. Especially effective when used with other reminiscence resources such as our Grocery Cards (51973) and Adverts Bingo (55891, 55892) etc. - see our website for more information and suggestions. Microwave and dishwasher safe. 700ml capacity.

- Size: 11cm diameter x 11cmH
- E722158 **£ 14.95**



McVitie's Digestives Biscuit Barrel

No self-respecting 70s household was without a biscuit barrel! Wonderful for stirring memories, engaging adults in conversation about food preferences and eating habits, and a brilliant excuse to get the kettle on. Biscuits not included!

- Size: 17cm diameter x 19cmH
- E722156 **£ 11.45**



Customisable Information Board

With transparent pockets to display activity schedules, menus, photographs, news ... whatever you need to communicate in a clear, accessible and visual way. With a durable and wipe clean surface. Includes a USB drive pre-loaded with a large choice of meal pictures - simply print off the chosen picture and insert. Made from anti-glare modified acrylic.

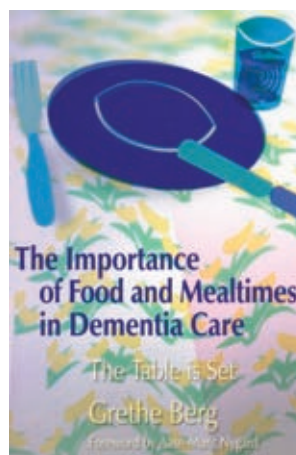
- Size: 38W x 54.5cmH
- E722801 **£ 99.00**



Large Tin Sign

Fabulous decorations for your kitchen and/or dining area. Colourful and stimulating. With a 2mm diameter pre-drilled hole in each corner for easy wall-mounting.

- Size: 30.3W x 41.3H x 0.1cmD
- E722164 Bisto **£ 8.95**
- E722166 Colman's **£ 8.95**



The Importance of Food and Mealtimes in Dementia Care - Book

The Table is Set by Grethe Berg Using her experience of working with older people with dementia, the author explains how mealtimes can be used as opportunities for meaningful interaction, socialising and reminiscing, and as useful forums for taking part in familiar tasks. This book provides much-needed help and practical strategies for care managers and carers to reclaim mealtimes as positive experiences for people with

- Dementia. Paperback. 88 pages. Size: 23.4 x 15.7 x 0.4cm
- E756071 zero-rated **£ 13.99**

Sensory Bathroom



Alleviates stress and agitation

Benefits

- Transforms bathing into a multi-sensory activity through pleasant aromas, sounds, lighting and tactile experiences
- Alleviates stress and agitation and provides a calming environment
- Encourages choice, individual preferences and promotes person-centred care
- Provides distraction and stimulation to reduce feelings of anxiety and embarrassment for both the older person and the care-provider



Hairdresser Mural

A high quality wallpaper mural that is decorative and functional. With meticulous attention to detail, this is also an orientation tool for care home residents. A specific area used for specific purposes becomes visibly obvious. Double drop including door print.
Size: 235W x 240cmH
E722306

£ 307.00

For more products visit
www.olderadults.co.uk



Remote Control 'Candles' – Set of 2

With LEDs for safe spa-like atmospheric lighting. Realistic-looking, the 'flame' flickers and the outside is made of wax. They smell lovely too! Ideal for those who enjoy the ambiance of candles, but who may forget to extinguish them, or who could easily burn themselves on the real thing. Includes remote control (ON/OFF, with CR2025 battery). Requires 3 AAA batteries per candle (to be purchased separately).
Size: 15H x 7.5cm diameter
E722267

£ 11.95



Hairdressers Sign

Hard wearing, wipe-clean sign for orientation. With clear imagery, bright colours and an anti-glare surface. Designed for individuals with Dementia. Colours are as shown, but over 20 colours are available - please contact us for other options.
Size: 30 x 24cm
E722767

£ 13.00



Brylcreem Large Tin Sign

Decorative and wonderfully nostalgic for gentlemen. With a 2mm diameter pre-drilled hole in each corner for easy wall-mounting. Other themes available at www.olderadults.co.uk
Size: 30.3W x 41.3H x 0.1cmD
E722165

£ 8.95



Oasis Aroma and Sound Diffuser

Scent and sound combined for an ultra-relaxing sensation!

- Seven sounds including Heart Beat, Ocean, Fountain, Summer Night, White Noise, Bird Song, Spring Rain
- With volume control
- Includes 4 pots of Aroma Beads for different moods: Energising, Relaxing, Inhalation and Revitalise
- Automatic timer for 15, 30 or 45 minutes
- Battery or mains operated (batteries to be purchased separately)
- Compact - requires minimal space

Size: 19L x 10W x 12cmH
E718051

£ 40.00

22363



22354



22386



22387



Nostalgic Effect Wheels

Along with a Magnetic Wheel Rotator, an Effect Wheel is necessary for use with the Projectors. Each wheel has its own reminiscence theme and provides the imagery that is projected onto your wall. Our wide range of wheels allows person-centred care and choice. Wheels are easy to fit onto the Wheel Rotator, without the need for tools.

- Great for prompting conversation
- Wonderful for reminiscence and for stimulating memories
- The projection can be large to suit those with visual impairments

Lots more wheels available at www.rompa.com

E722363	Butterfly	VAT Relief	£ 32.00
E722354	Soft Colours (Lava Lamp effect)	VAT Relief	£ 49.95
E722386	Looking Back	VAT Relief	£ 32.00
E722387	Trains	VAT Relief	£ 32.00

LED Projector for Water Environments

Provides distraction and visual stimulation during bathtime.

Adapted for use in damp environments, but equally useful in communal areas such as living rooms and dining rooms.

- Creates a large and ever-changing projection
- Provides age-appropriate imagery to promote conversation and to help bathers to relax
- Easily personalised - use a different effect wheel according to individual interests

Please purchase a Wheel Rotator and one or more Effect Wheel
E722126 VAT Relief **£ 485.00**

Wireless Magnetic Wheel Rotator

Required to turn the Effect Wheel in the Projector. 1 revolution in 2 minutes.

E722614 VAT Relief **£ 44.00**

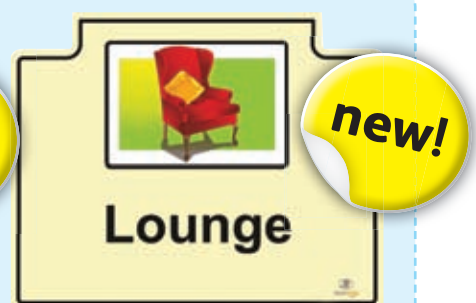
For more effect wheels visit www.olderadults.co.uk



Toilet



Bathroom



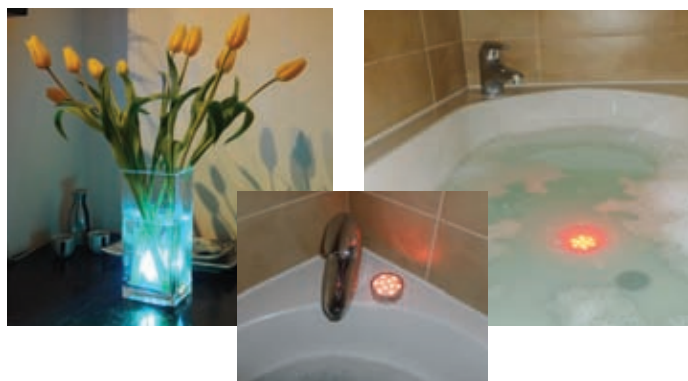
Lounge

Room Sign

Hard wearing, wipe-clean signs for orientation. With clear imagery, bright colours and an anti-glare surface. Designed for individuals with Dementia. Colours are as shown, but over 20 colours are available - please contact us for other options.

Size: 30 x 24cm

E722762	Toilet	£ 13.00
E722763	Bathroom	£ 13.00
E722803	Lounge	£ 13.00

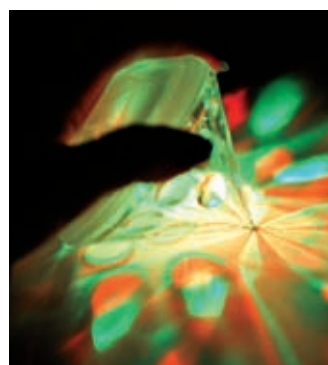


Aqua Mood Light

Create a relaxing atmosphere in your bath with this colour-changing, waterproof LED light. The soft lighting can be decorative and soothing as the colours fade in gentle rotation, or stimulating when set to jump between colours, or to a fixed colour. Includes a remote control with CR2025 battery and an 8-10m range approximately. Also suitable for use in vases, water features and ponds. Requires 3 AAA batteries for the light unit. Not for use in water deeper than 1m.

Size: 7cm diameter x 2.5cmH
E722487

£ 12.95



Spa Lights - Set of 2

Float on the water surface and project six different light displays across the bottom of the bath – fade, flash, alternate, static etc. Alternatively, stand on a flat surface and project beautiful colour changing light displays on nearby surfaces. Requires 3 AAA batteries (to be purchased separately). Inexpensive and really effective.

Size: 9cm diameter
E722301

£ 14.95



Care Sector Book

Developed to help alleviate communication problems, this book helps to bridge the gap between carers and residents. Colourful images of day to day tasks provide an effective way to communicate when language is an issue. Ticks and crosses on the left page of each section enable users to express 'Yes' or 'No' to a question. By pointing discreetly at a picture the user

is able to communicate their requirements. Also includes 2 wipe clean boards to write your own messages and a wipe clean clock face. 52 pages. Ring-bound. Size: 21 x 15cm

E721407 zero-rated

£ 16.00



Aroma Oil Blends – Set of 4

Use these oils to lift mood, improve alertness, encourage focus or simply to fragrance your room. Disperse a couple of drops into bath water or use one of our diffusers. Includes:

- Fresh Mind - spicy, refreshing and enlightening. With lemongrass, mint and cedar
- Elves Dream – fine, floral and harmonizing. With orange.
- Jasmine and Bergamot – floral, pampering and uplifting.
- Cosmic Chi – fruity, stimulating and motivating. With orange.

Each bottle contains 5ml. All fragrances are completely natural.
E721890

£ 39.00

E717047 Aroma Mouse Battery-Operated Diffuser

£ 24.00



Butterfly Wall Stickers – Set of 26

Visual and great for encouraging reminiscence. A quick and inexpensive way of brightening a wall, window or mirror and theming a room. Can be removed several times without damaging your surface or the butterflies. Clean and dry your surface before application. Supplied on 2 sheets.

Size: 5.1 x 2.5cm to 11.4 to 7.6cm
E721829

£ 16.95



Fish Wall Stickers – Set of 24

A quick, easy and inexpensive way of brightening a wall, window or mirror and theming a room. Can be removed several times without damaging your surface or the fish. Clean and dry your surface before application. Supplied on 4 sheets.

Size: 3.2 x 1.9cm to 22.9 to 22.2cm
E721828

£ 17.50

Pub & Cinema Rooms



Benefits

- Dedicated spaces for relaxation and socialising
- Enjoyed by everyone, including residents, staff, visitors and families
- Provides a meeting place and motivation to move to different locations
- Enables participation in traditional games and popular hobbies
- Facilitates reminiscence and memory-based activities





Host Your Own Race Night DVD Game

You can now have the raw excitement of a flutter on the horses without the risk of losing your shirt. This game recreates all the fun of a race night - at home. Packed with action, drama & suspense, it brings nail-biting entertainment into your living room. Instantly ready to play, it offers a thrilling selection of flat, jump, summer and winter races. Each player begins the night with £5000 in cash; by betting on the outcome, your aim is to make as much profit as you can. Contents include: Over £50 000 'cash', DVD with 12 thrilling races, Betting Cards, Bookmaker's Ledger, Score Pen and Form Guide summarising play.

E753026

£ 10.95



Animal Bingo

Designed for people in the early and later stages of Dementia, but equally valuable for all ages. Intended to help improve cognitive functions and social participation, this game is fun and inviting. Accessible and inclusive, people of all abilities can play – both by hearing and by sight. For younger players, this can encourage listening and matching skills, as well as concentration. Potentially easier to play than traditional bingo games, this is unique as it includes a large flip book that displays the animal to match the sound from the included CD. Beautifully illustrated and inviting. For up to 12 players. Includes 12 bingo cards, 1 CD, 1 Flip book, 128 counters (in a drawstring bag) and 1 bingo caller card. For 3 years and over (some small parts)

Size: box 26L x 27W x 7cm; counters 3.5cm diameter x 3cmH
E722070

VAT Relief

£ 24.95



Sing It Back

Read out the lyric from a well-known song and you and your team mates must say (or sing!) the next line of the song. Nostalgic and amusing. Size: box 12.8L x 9.2W x 5cmH; cards 11.7 x 5cm

E722442

£ 6.95



British History

A wonderful family game to encourage social interaction, shared leisure time and promote memory skills. Cards can be used for conversation starters, quizzes or to test observation and recall ability. Topics include Stonehenge, Boudicca, Vikings, Magna Carta, Robin Hood, Guy Fawkes, Concorde and Sir Winston Churchill. Ideal for (grand)parents and (grand)children to enjoy together. Includes 55 illustrated cards, rules card, sand timer and storage box with magnetic fastening. For 3 years and over (small parts) but best suited to 8 years and over.

Size: cards 8.5 x 8.5 x 0.1cm; box 12 x 11.7 x 12cmH
E756039

£ 9.95



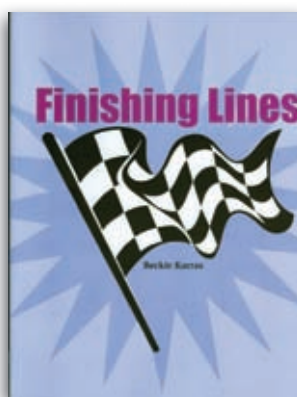
Great Inventions Playing Cards - 54 Cards

Wonderful alternatives to ordinary playing cards, these also stimulate conversation and encourage reminiscence. With inviting and sometimes humorous illustrations, these cards will get people thinking, talking and socially interacting. Includes 52 cards (1-10, Jack, Queen, King of 4 suits) and 2 Jokers. Fun, inexpensive and portable for holidays.

Size: 8.7 x 5.6cm (standard card size)

E722125

£ 3.95



Finishing Lines - Book

Everyone loves to fill in the blank. With this new original trivia book, your group will have over 2,000 chances to complete famous quotes, song and book titles, movies and TV names, proverbs, slang, rhymes, slogans, and similes. Just say the first few words and people will shout out the rest. Example: It's raining cats and ... dogs.

E754317 zero-rated **£ 8.95**



Pub Mural

A simple yet wonderful way to transform a social room. Decorative and practical wallpaper. A visual prompt that is effective for orientation. Helps encourage care home residents to move to this location as it is associated with a meaningful social activity. Includes door print. Triple Drop.

Size: 338W x 240cmH

E722311

£ 467.00



Includes 80 pre-loaded CDs worth over £300

Jukebox

The 1946 Wurlitzer 1015 is the biggest selling jukebox of all time. This redefined version is true to the looks, style and lustre of the original – with some modern twists too, such as iPod connectivity and a powerful modern sound. It takes 45 hours to build one of these jukeboxes, and it shows. A hand-formed cabinet, aluminium speaker grill, chromed base and simple CD mechanism are just a few of the delightful features.

With:

- 80 pre-loaded CDs (an 80 disc rotating display title track)
- A D4 digital amplifier (4 channels, 60W RMS per channel)
- 2 x tweeter, 2 x mid range and 1 x 12" Twin cone bass speaker
- Option to connect additional external speakers
- Remote Control for home use
- Shuffle play facility
- 2 stereo auxiliary audio inputs
- 1 stereo audio output

Weight: 130kg

Size: 151H x 85W x 70cmD

Various finishes available. Other models, including the much-loved Rocket 88 also available - please contact us for options. Delivery outside mainland UK will incur additional delivery charges.

E755797

£ 5145.00

Dominoes

A quality set of full-size club dominoes that spin, in a sturdy plastic case.

Size: 5 x 2.5 x 1cm

E751378

£ 7.00



Large Dominoes

Large, easy-to-handle, robust dominoes. Storage box included.

Size: 8 x 4cm

E751434

£ 14.95



Damage-Resistant 'Glasses'

Looks and feels like glassware with all of the practicality of polycarbonate - stain resistant, break resistant and chip resistant. Dishwasher-safe. Virtually unbreakable, so practical whilst equally age-appropriate.

E722755	Wine, 15oz	£ 4.95
E722756	Martini, 10oz	£ 3.00
E722757	Spirits, 11.5oz	£ 4.95
E722758	Juice, 14.75oz	£ 3.00
E722759	Beer, 20oz (pint)	£ 3.00
E722760	Icecream sundae, 13.5oz	£ 4.95
E722761	Beer Tankard, 20oz (pint)	£ 8.95





Cinema Light Up Sign

The perfect way to display today's film. Includes light box and 90 characters (letters, numbers and symbols). When switched on, the soft white light shows the black lettering in high contrast, making this easier to see by those with visual impairments. Sits on a shelf or table top, or can be wall-mounted (keyholes at back). Equally valuable for displaying activity information, greetings and as room signage. Requires 6 AA batteries (to be purchased separately). With micro USB socket (lead not included).

Size: approx 30 x 21 cm

E722754



£ 14.95



High Seat Chair

A quality chair with a high back and seat, making it easier to rise from than standard chairs. Comfortable, with a slightly sloped back and thick padded seat. Hardwood beech frame. Wheeled options available. Choice of fabrics (dryalon or anti-microbial and antifungal vinyl) and colours (including blue, burgundy and chamois) - all are flame retardant to Ignition Source 5. Please contact us to discuss the options. Made to order, all options are non-returnable.

Size: seat 48.3 x 47cm x 50.8cmH; arms 68cmH; back 63.5cmH

E755796 Standard chair **£ 365.00**

E755799 Chair with arm pads and side inflills **£ 425.00**

E755800 Chair with arm pads, side inflills and wings **£ 495.00**

Cinema Mural

As well as carefully selected products for inside your home cinema, consider the space outside it. Not just decorative, this wallpaper mural is an effective tool for orientation - it signposts this specific area. Triple drop includes the door print. Made to order and so not returnable.

Size: 240cmH (Single and Triple); 280cmH (Double)

E722749 Single Drop 120cmW **£ 165.00**

E722750 Double Drop 235cmW **£ 376.00**

E722743 Triple Drop 338cmW **£ 467.00**



Home Projector Set

Compact but high quality. Projects a sharp image in a darkened environment. Suitable for small spaces. 500 lumens+. Includes 16GB micro SD card with both still and moving images such as soothing flower fields, under water scenes, aquarium vistas, forest scapes and waterfalls. Can be linked to a PC and HDMI cables (neither included).

BENEFITS:

- Multi-sensory – visual and audible
- Takes up minimal space
- Excellent clarity of imagery and sound
- Includes remote control for easy operation
- Economical as speakers, tripod, remote, storage bag and re-writeable sound card all included
- Can help transform a living room into a makeshift cinema
- Larger viewing area than the average TV so more people can watch together
- Add your own content for person-centred care

We also offer a higher specification projector - contact us for details

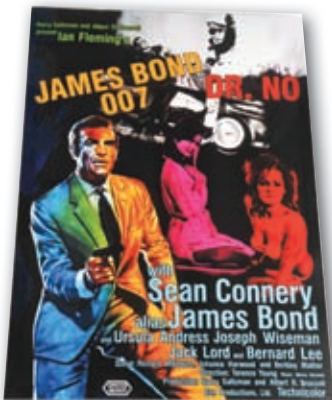
E721826 **£ 645.00**



Butterflies and Flowers DVD

Age-appropriate footage to calm older adults, especially those who have an interest in gardens and the outdoors. Features flora and insects from tropical and temperate climates. 3 films with relaxation music; 2 with nature sounds. Approx 80 minutes. Lots more DVDs available at www.olderadults.co.uk

E720483 **£ 13.00**



Nostalgia Cinema Pictures

Canvas wall decorations with cinema poster graphics. Great for corridors, living areas, home cinemas and bedrooms. An inexpensive yet eye-catching and age-appropriate way to add visual interest to walls. Wooden frame - fixtures for wall mounting to be purchased separately. Size: 70 x 50cm. See our Saver Pack on page 73.

E722470 James Bond **£ 5.95**
 E722471 Elvis **£ 5.95**

22167

22168

Super Heroes Large Tin Sign

Colourful decorations for bedrooms, corridors, communal areas and home cinemas. Use to brighten an inspiring wall or to engage adults in conversation about their heroes - real or imaginary.

Size: 30.3W x 41.3H x 0.1cmD
 E722167 Superman **£ 8.95**
 E722168 Wonder Woman **£ 8.95**





Jumbo Ludo

Lovely wooden version of a classic. With chunky pegs and a large playing area that could be helpful for visually impaired players. In neutral colours, and so age-appropriate for older adults. Encourages turn taking, counting and numeracy skills, social interaction and co-operative play. Some small parts - for 3 years+.

Size: board 50cm diameter x 2.8cmH **£ 28.00**

E721854

For more products visit www.olderadults.co.uk



winslow
RESOURCES
exclusive!

Reminiscence Sound Bingo - Set of 2 CDs

Sound bingo for fantastic fun for groups and individuals. Memory-prompting and conversation-starting.

Please note: includes 2 audible not visual CDs.

E755891 60s and 70s TV Programmes Bingo **£ 37.95**

E755893 60s and 70s Movies Bingo **£ 37.95**

E755892 80s and 90s TV Programmes Bingo **£ 37.95**

E755894 80s and 90s Movies Bingo **£ 37.95**



More Sets available at www.olderadults.co.uk

Quiz Cards Set

Affordable activities for social interaction, cognitive stimulation and good fun!

Size: box 12.8L x 9.2W x 5cmH; cards 11.7 x 5cm

E722440 Movie Buff Quiz **£ 6.95**

E722446 General Knowledge Quiz **£ 6.95**

E722441 Pop Music Quiz **£ 6.95**

Weekly Activities Compendium Saver Pack
A different activity for every day of the week. Never be stuck for something to do again!

Includes:

- Movie Buff Quiz
- Sing It Back
- Who am I?
- General Knowledge Quiz
- Pop Music Quiz
- The Name Game
- Classic Charades

Buy all 7 activities and save more compared with individual purchases.

E722447 **£ 41.75**

Saver Pack



Buzzers – Set of 4

Great for quizzes - each player or group has their own buzzer to press when they have the answer. Each has its own sound – honking horn, doorbell, boxing bell and boing. Engaging, fun and interactive. Each requires 2 AAA batteries (to be purchased separately). For 4 years and over.

Size: 9cm diameter

E720955 **£ 15.00**

Indoor & Outdoor Garden



A multi-sensory, meaningful activity

Benefits

- Encourages activity, mobility and gentle movement
- Builds flexibility and strength
- Stimulates older adults and keeps them alert and engaged
- Fresh air can help improve concentration and focus
- Fosters a sense of achievement and self-esteem
- Helps reduce stress, encourages better sleep and overall mental and physical well-being
- Adaptable – activities such as potting and watering can be enjoyed indoors on table-tops
- Can be a shared and social activity – something grandparents can enjoy with their families



1. Herbs Growing Set

Everything you need to grow a variety of herbs. Includes sachets of seeds, 12 biodegradable plant pots and tray, a bag of soil, reusable labels to identify seedlings and a step by step illustrated book explaining how to sow the seeds, replant them and harvest them. Lovely for budding and experienced gardeners. Provides an on-going project for adults to tend to and care for. Requires minimal space but rewarding - especially when the herbs are eaten as part of a shared meal.

Size of boxed set: 34 x 25.5 x 9.5cm

E722222 Set 1: parsley, Genvese basil, oregano and chives **£ 23.95**

E722224 Set 2: mint, spearmint, lemon basil and sweet basil **£ 23.95**

2. Salad Growing Set

Everything you need to grow two types of lettuce, cherry tomatoes and rocket. Includes sachets of seeds, 30 biodegradable mini plant pots and tray, a bag of soil, reusable labels to identify seedlings and a step by step illustrated book explaining how to sow the seeds, replant them and harvest them. An enjoyable activity for new and experienced gardeners. Provides an on-going project for adults to tend to and care for. Especially rewarding when the salad is eaten as part of a shared meal.

Size of boxed set: 34 x 25.5 x 9.5cm

E722223 **£ 23.95**



3. Chirping Bird

Decorative and audible ornament for adults who love birdsong. With a built-in motion sensor, the bird 'sings' when you move in front of it. One pre-set volume. Not intended to be handled. With ON/OFF switch on the underside. Requires 3 LR1130 button cell batteries. Bird style and sound may vary. Size: 10H x 5.5W x 7cmL

E755782 **£ 2.95**



CD - Birdsong

Early morning, deep in the countryside, glorious birdsong fills the air.

E7CD621 **£ 6.75**



Reminiscence Replica Pack - The Garden

Contents may vary but set typically contains Lawnmower brochures, Garden Work newspaper, 'Kilzall' pesticide flyer, "In your garden" leaflet, Woolworth's booklet, miscellaneous ephemera and trade cards.

E755853 **£ 5.00**

Surrey Scenic Mural

High quality imagery with great attention to detail. Brings the outdoors indoors for those who cannot easily access a garden space. Wonderful for orientation, and when associated with a social activity, provides a destination point and a reason for people to move around the care setting. Mood-lifting and visually pleasing. Especially effective when combined with carefully chosen accessories such as bird sounds and flower aromas. Triple Drop wallpaper. Made to order and therefore non-returnable. Size: 350W x 280cmH

E722313

£ 559.00

As seen at the Alzheimer's Show, London 2017



CD - Summer Songbird

60 minutes of natural birdsong. Relaxing sounds for those who enjoy the British outdoors. The recording is of blackbirds in Suffolk and Wales, with additional sounds to create the ambiance of an authentic summer garden. An easy way to bring the outdoors indoors for those who cannot easily access a garden area.

E7CD669

£ 6.75



Aquapaint - In The Garden

Reusable water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Includes 5 different images: Hedgehog, Roses, Lawnmower, Vegetables and Robin.

Size: 26 x 21cm

E722411

VAT Relief

£ 12.49

Farm Animals Wooden Jigsaw - Set of 8

Thick-cut jigsaws with chunky, easy to grip pieces. Featuring beautifully photographed countryside scenes that will appeal especially to those from rural areas and farming backgrounds. Boxed. Because of the varying number of pieces, the challenge can be decreased or increased according to need. A lovely activity for grandchildren to enjoy with grandparents for quality shared family time. Includes:

- Horse, 9 pieces
- Cow, 9 pieces
- Chicken, 12 pieces
- Goat, 12 pieces
- Duck, 15 pieces
- Sheep, 15 pieces
- Dog, 18 pieces
- Pig, 18 pieces

For 3 years and over.

Size: 19.8W x 14.7H x 0.6cm thick

E722089

£ 19.95





new!

*Sociable
Activity*



*Easy to
use*





Older Adults Fitness Set

Outdoor gyms for adults, including older adults. A collection of popular equipment to suit a range of needs. Made from high quality, reliable, durable stainless steel. Choose from supply only (you find your own suitably experienced installer) or installed with grass tiles. Allow 6-8 weeks for delivery.

Includes:

Double Air Walker

Size: 228.5 x 63 x 115.8cm

- a sociable activity as can be enjoyed by two people at once
- easy to use and fun
- stretches legs and develops flexibility in hip joints
- can be used at a faster pace to build cardio strength

Arm & Pedal Bike

Size: 131.2 x 48 x 140.8cm

- combines cycling and upper arm exercise
- improves balance and co-ordination
- provides a full body workout

Air Skier

Size: 119 x 82.6 x 138.1cm

- a sociable activity as can be enjoyed by two people at once
- strengthens the lower abdomen, hips and thighs
- improves balance and co-ordination
- provides gentle exercise for fitness beginners

T'ai Chi Spinners

Size: 127.4 x 105.8 x 151.8cm

- exercises the brain as well as the body
- designed to promote flexibility and co-ordination in wrists, arms and shoulders
- improves mental agility, circulation and provides a great warm-up
- can be a shared activity by two people at once
- wheels can be turned clockwise or anti-clockwise

Benefits

- improves fitness and physical activity levels
- gives adults a reason to go outside and benefit from fresh air and vitamin D
- can also be enjoyed by staff, visitors as well as residents
- accessible and suitable for all abilities - beginners to advanced users
- positive impacts on mental health, self-esteem and sleep patterns

E722751 supply only **£ 4399.00**
 E722752 includes professional installation **£ P.O.A.**





Bowling Ball Ramp

With the ramp in position, the bowler only needs to give the slightest push to roll the ball forward. Can be used standing or seated. Chrome plated steel pipe frame with rubber feet.

Size: 109L x 62.5cmH

E714675

VAT Relief

£ 80.00



Ten Pin Bowling

Enjoy the fun and excitement of bowling, indoors and out. Set of 10 lightweight, unbreakable pins, regulation size 37.5cm high, 170g (6oz) each. One 1.8kg (4lb) rubber bowling ball, set up pattern sheet and score pad. Size: pins 37.5cmH

“Excellent set of skittles and bowling ball.
Just the right weight.”

Jacqui M., Verified Buyer, Isle of Barra

E714674

£ 80.00



ROMPA® Mats

This quality mat, covered in reinforced high quality durable PU nylon or vinyl is ideal as an exercise and gymnastic/ aerobic mat. The mats are smooth in texture, constructed in fire retardant materials and easy to clean. This product has a zip for manufacturing purposes only. Each mat includes information regarding cleaning. Please specify colour required when ordering.

“Great item. The mat is perfect for our elderly fitness classes and the young children love them too!”

Laura W., Verified Buyer, Kidderminster

E712652 Small Size: 183 x 91 x 4cm VAT Relief **£ 89.00**

E712653 Large Size: 244 x 122 x 4cm VAT Relief **£ 115.00**

E712658 Non standard sizes supplied to order VAT Relief **£ P.O.A.**



Octaband™

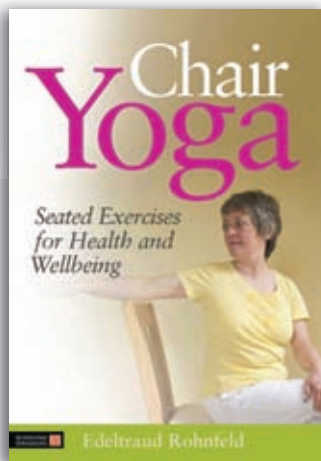
A soft and stretchy resource for gentle exercise. Participants pull on the resistance band ‘arms’, or raise these up and lower them. Offers the opportunity for interaction, co-operative play and social skills activities. Especially engaging when music accompanies the activity. Suitable for most ages and abilities. Machine washable.

E721367 8 arm Octaband™. For 2 – 8 people. Extends to 200cmL **£ 59.00**

E721368 16 arm Octaband™. For 4 – 16 people. Extends to 300cmL **£ 89.00**

Chair Yoga - DVD

Seated Exercises for Health and Wellbeing by Edeltraud Rohnfeld. With voiceover instructions and on screen demonstrations, this DVD guides the viewer through two 40-minute chair yoga routines, which can be practiced by virtually anyone to stimulate physical and mental wellbeing. This versatile form of yoga is specially designed for those with limited mobility through age, illness, injury or physical disability.



E722464 **£ 12.99**



Slow Motion Ball

As its name suggests, the slower movement of this ball makes it easier to handle. Bright, lightweight and bouncable. Colours may vary. Supplied deflated, re-inflate with ball pump. Excellent value. Size: 28cm diameter

E714851 **£ 11.95**



Mega Four In A Row

Big bold chunky discs and a sturdy frame. Try to get four in a row before your opponent! Frame can be dismantled for ease of storage. Great for both indoor and outdoor games. Ideal for wheelchair users and for families to enjoy during visits.

Includes 42 discs (21 of each colour).

Size: 121L x 45W x 117cmH

E716644

£ 185.00



Bowls

This popular game can be played virtually anywhere. 8 wooden balls in a practical carrier box. Suitable group activity encouraging hand-eye co-ordination. 4 colours with jack. Weight: jack 50g; each ball 300g.

Size: 8cm diameter

E715163

£ 30.00



Ringo

A fabulous throwing game for all ages. Light weight and perfect for impromptu games on the go. Includes 3 rings and a ball. Colours may vary.

Size: ball 4.5cm approx; rings 12cm approx

E721350

£ 7.00



Reflective Balls - Set of 4

Visually stimulating and reflective. Enjoy passively as beautiful decorations in your garden. Hard-wearing stainless steel. Use indoors or out. Not intended to be vigorously handled.

Size: 6cm, 8cm, 10cm, 15cm diameter

E721925

£ 24.00

Capiz Solar Chime

Audible in a breeze and visually stunning – with or without the mood lighting feature. Requires 6 hours of full sun a day to charge the light. Weight: 950g. Size: approximately 20cm diameter x 60cmH

E721469

£ 40.00



Garden Bells

High quality sound and craftsmanship. Set in weather resistant stone. 7 brass bells. For decorative purposes. Model may vary according to availability.

Size: approx 48H x 33L x 25cmW

E716870

£ 38.00



ROLL UP! ROLL UP!

Whether it is a Christmas, summer or autumn fair make it a Rompa® affair!



Beginners Bowling Set

Portable, colourful set includes ten pins, two balls and storage bag. Made of durable, light-weight and easy-to-clean plastic. Wonderful for care home garden and lounge games. Also useful for days out to the park. Colours may vary.

Size: pins 30.5cmH

E718354

£ 18.00



Marbles

Buy in multiples to fill an empty coffee jar. Guess how many are in the jar! Approximately 19 per bag. Small parts - not suitable for those who mouth. Supervise use.

E720225

£ 1.00



Tin Can Crash

Brings the fun of the fair to your own home. Plays indoors or out to encourage movement, hand-eye co-ordination, motor planning, gentle exercise and social interaction. With numbers on the 'cans' to encourage gentle competition. Popular for children and adults alike. Great for summer fairs, garden parties and fundraising events. Includes 10 'cans' (10H x 6cm diameter) and 3 bean bags.

E721853

£ 12.00



Colour Tennis Balls - Set of 6

Not just for tennis! Ideal for your plate-smashing stall. After the fayre these are great for throwing, catching, games and colour-co-ordinated activities. One each of blue, green, red, yellow, orange and purple. Size: 7.6cm diameter

E718333

£ 5.00



Throwing Scarves - Set of 6

Bean bags meets scarves for a marvellous mutation! Colours compliment many of our parachutes. Use to liven up throwing games and target practice.

Size: scarf diameter approx 38cm

E720458

£ 15.00

For more products visit
www.olderadults.co.uk



Target Play

Ready, aim, throw! Bulls eye! Different rings have different points. Includes target mat, 4 plastic 'pins' to secure mat and 3 discs. Folds away compactly after use. For 3 years and over.

Size: mat approx 210cm diameter; discs 23cm diameter
E719922

£ 18.00



Giant Apple Target Tree

Indoor game on a large scale to encourage movement and social interaction. Aim your balls or beanbags into the different-sized holes and jot up your score. Folds flat for easy storage. Retention nets allow easy retrieval of balls. Balls/beanbags to be purchased separately. For indoor use only.

Size: 150H x 120cmW
E717373

£ 185.00



Dart Ball Game

Throw the balls at the brightly coloured target and count your score. Encourages gross motor skills and hand/eye co-ordination. Made from brightly coloured wipeable fabric and strong velcro. With several handles for it to be easily hung up and carried. Removable cover and deflatable cushion for storage. Latex-free.

Target: 65cm dia, 12cmD

E716687

£ 17.00



Colossal Cards

Throw bean bags onto these large scale cards or have a game of Play Your Cards Right.

Size: 37 x 26cm

E719921

£ 15.00

E714438 Set of 12 Bean Bags Size: approximately 13 x 13cm

£ 15.00



Floor Basketball

All ages and all skill levels can be involved with this popular game. Specially designed for seated players, it helps develop social skills and gross motor abilities - all this and fun too! Made from heavy duty PVC, a cotton net and supplied with a 23cm sports ball. Enjoyable and easy to play.

E716244

£ 32.00





Exotic Fruits Puzzle

An activity, conversation-starter, memory-prompt and inexpensive gift. Lift the 5 pegged pieces to reveal the chopped fruit underneath.

Size: 24 x 20cm
E722221

£ 6.99



Salad Vegetables Puzzle

An activity and a prompt for conversation about eating habits, dietary preferences or about gardening and allotments. The 5 chunky pieces have pegs for easier handling. The illustration under each piece shows the corresponding salad item prepared.

Size: 24 x 20cm
E722220

£ 6.99



Design for Nature in Dementia Care - Book

Garuth Chalfont Provides comprehensive examples of ways to connect to nature through indoor and outdoor activities. The author describes activities that offer a connection to nature, such as caring for house plants and pets, gardening, cooking and handicrafts. He suggests practical and sensible ways to incorporate nature into indoor and outdoor environments to benefit health and well-being.

Inspiring, informative, illustrated and well-supported by research. Paperback. 181 pages. Size: 29.8 x 20.9 x 0.9cm

E756057

zero-rated

£ 19.99



Summer DVD

An hour long film of unique ocean views, lakes, rivers, waterfalls and sunflowers followed by 20 minutes of slowly changing images of lovely beaches with blue skies. The last three short films show a colourful summer garden, fields of lavender and a coastal sunset.

120 mins.
E755986

£ 13.00



Autumn DVD

One hour film of forests at dawn, colourful leafy carpets, rain-swollen rivers and tumbling waterfalls followed by 20 minutes of woodland scenes and four more tracks of autumn waterfalls.

122 minutes.
E755987

£ 13.00



Nature's Alarm Clock DVD

3 soothing films: Dawn Chorus (birdsong in the morning forest), Refreshing Water (bubbling creeks, mountain lakes and waterfalls), Sunrise Beaches (gently lapping waves as the sun rises over the sea). Approx 105 minutes.

E720482

£ 13.00

Activity Room



Enjoyable and rewarding

Benefits

- A dedicated space allows resources to be successfully used, safely stored, effectively displayed and meaningfully enjoyed
- Activities can be carried out at an appropriate pace without time constraints such as clearing tables for mealtimes
- Provides a pleasant meeting place for families to share quality leisure time with loved ones
- Having a specific area for specific purposes can help with orientation
- Unwanted distractions can be minimised to help individuals focus
- Facilitates timetabling as well as monitoring group numbers



Remember, Remember

Reminiscing is an enjoyable pass time and useful therapy for older adults and people with Dementia.



Thunderbirds

Great game for 2 to 4 players. Battle against the evil enemy 'The Hood' - help the Thunderbirds to catch him and save the world. With fantastic graphics from the 1960s to prompt memories amongst older adults and to engage younger players at the same time. Contains small parts - play should be supervised. For 3 years and over.

Size: 40 x 21.5 x 3cm

E722431

£ 12.00



Amazing Robot

Entertaining - and astonishing - retro board game for the whole family. Turn the robot to a question, then move him onto the answer circle and he will miraculously point to the correct answer every time. Fascinating for youngsters and memory-prompting for their parents, grandparents, aunts, uncles and so on. Contains small parts - play should be supervised. For 3 years and over.

Size: 39 x 25.5cm

E722430

£ 8.50



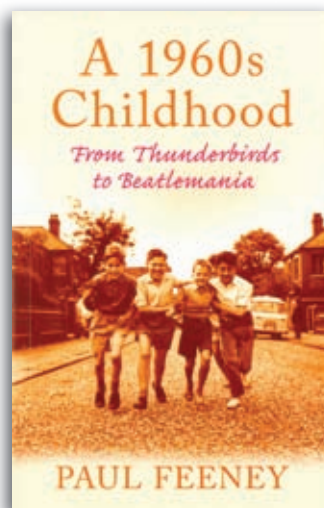
Pit Stop

A motor racing game from the 1970s. Pick your car and make your way around the track, following instructions en route. Avoid skidding off and running out of fuel! For 2 to 4 players. Inexpensive and enjoyable for adults and children alike. Includes card track, 2 dice, 4 wooden car markers and instructions. Contains small parts - play should be supervised. For 3 years and over.

Size: box 18 x 13 x 3.5cm; cars 2.5 x 1.2 x 1.1cm

E722428

£ 4.50



A 1960s Childhood - Book

A lovely compendium of memories. A nostalgic look at popular culture and life growing up in this decade. Includes music, home, hobbies and much, much more. 238 pages.

Paperback

Size: 17.4 x 11.2 x 1.7cm

E755632 zero-rated £ 10.00



The Swinging Sixties - Book

An Iconic Decade in Pictures Celebrates the fashions, music and lifestyles of the Swinging Sixties in almost 350 photographs from the archives of Mirrorpix. Black and white as well as colour photographs, each with a brief description.

299 pages. Paperback

Size: 16.6 x 16.5 x 2cm

E755634 zero-rated £ 9.00



You Know You're a Child of the 60s - Book

... when all it took to impress a girl was a Babycham followed by dinner at a Berni Inn ... and many more humorous reminders. Delightful books to stir memories and prompt conversations. One-sentence pages. Hardback. Approx 90 pages.

Size: 11.7 x 11.7 x 1.2cm

E755620 zero-rated £ 6.95





Railway Reminiscence Pack

A delightful gift for any steam train buff. Prompts conversation about train-related memories. Contents may vary, but set typically includes jigsaws with CD, notices chalk board, toiletries bag, keyring, postcards and shoe shine kit. Nostalgic, multi-sensory, sentimental and sure to delight railway enthusiasts of a certain age. Some small parts - use under supervision.

E755716 £ 49.95



Z-Cars

Z-Cars was a British Police-based TV drama from the 1960s and 70s. Aim to be first to reach Police Headquarters. This engaging game can help evoke memories from that era and prompt conversation about favourite television programmes. Contains small parts - play should be supervised. For 3 years and over.

Size: 39 x 22.5 x 3.5cm; cars 2.5 x 1.2 x 1.1cm
E722429 £ 10.00

Post Office Mural

Combine this wonderful mural with meaningful activity such as sorting postcards, organising stationery and distributing letters to other residents. Far more than simply decorative, this beautiful wallpaper is practical as it is a useful orientation tool. Can transform otherwise under-used spaces such as corridors.

E722305	Single Drop, 120W x 240cmH	£ 165.00
E722307	Double drop, inc door print 235W x 240cmH	£ 307.00



Creative Magnetic Scene

Place the magnetic pieces wherever you wish on the board. Great for adults who struggle to pick up jigsaw pieces and place them correctly as their dementia progresses. No-fail and frustration-free to give a sense of achievement. Equally valuable for conversation-prompting, improving dexterity and encouraging fine motor skills. Beautifully illustrated with age-appropriate content. Durable plastic that meets infection control standards. 15 pieces. Small pieces.

E722784	The Sewing Box	VAT Relief	£ 14.55
E722785	The Tool Shed	VAT Relief	£ 14.55
E722786	The Allotment	VAT Relief	£ 14.55
E722787	The Baking Cupboard	VAT Relief	£ 14.55



Family Scene Jigsaw

Age-appropriate and detailed images. Especially effective when purchased together for prompting conversations and comparisons. Extend the activity using the Colouring Sheets - Set of 12. With a frame and guidelines on the base to help users locate and place the correct pieces. 2mm thick cardboard pieces with a laminate varnish for repeated use. Wipeable.

Size: 42 x 29.7cm (A3)

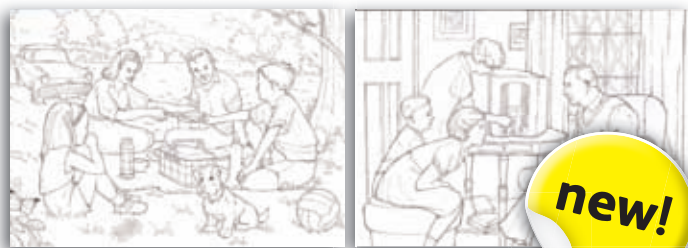
E722628	Radio	VAT Relief	£ 14.95
E722629	Beach	VAT Relief	£ 14.95
E722630	Picnic	VAT Relief	£ 14.95
E722631	Fairground	VAT Relief	£ 14.95
E722632	Family Scene Jigsaw Saver Pack Buy all four puzzles and save more	VAT Relief	£ 52.95

Village Scene Jigsaw

Age-appropriate imagery with delightful attention to detail. Especially effective when purchased together for understanding of seasonal changes. With a frame and guidelines on the base to help users locate and place the correct pieces. 2mm thick cardboard pieces with a laminate varnish for repeated use. Wipeable.

Size: 42 x 29.7cm (A3)

E722637	Spring	VAT Relief	£ 14.95
E722213	Summer	VAT Relief	£ 14.95
E722214	Autumn	VAT Relief	£ 14.95
E722215	Winter	VAT Relief	£ 14.95
E722216	Village Scene Jigsaw Saver Pack Buy all four puzzles and save more	VAT Relief	£ 52.95



Colouring Sheets - Set of 12

Large, loose sheets with familiar and nostalgic themes. Lovely attention to detail to encourage conversation. A pleasant activity for older adults to enjoy with family members. Quality thick paper. 3 of each design.

Size: 42 x 29.7cm (A3)

E722633	VAT Relief	£ 8.95
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Retro-Themed Colouring Book

Age-appropriate colouring for older adults. Recognisable subjects to prompt discussion and stir interests. 15 one-sided, thick paper pages per book. Each page includes brief details about the theme. Pages could be removed from the binder as required for ease of use or for displaying once finished. Photocopiable. Size: 29.7 x 21cm



E722217	General: From the 1940s - 70s. Includes Spitfire aircraft, Marilyn Monroe and more.	VAT Relief	£ 8.95
E722218	Children's TV Characters: From the 1960s - 70s. Includes Andy Pandy, Thunderbirds, Dr. Who and more.	VAT Relief	£ 8.95
E722219	Adult TV Characters: From the 1960s - 1970s. Includes Cilla Black, Dads Army, Coronation Street and more.	VAT Relief	£ 8.95
E722634	Retro Themed Colouring Book Saver Pack: Buy all 3 books and save more	VAT Relief	£ 23.95



As We Were - Dementia Care Book

Created specifically for use with people with Dementia. With a focus on the fashions and the trades and professions of yesteryear. From the 1940s suit and trilby hat to the flared trousers and flowing dresses of the 1970s. The jobs include miner, factory seamstress, milkman and shopkeeper. Includes colour illustrations with accompanying facts and pages to be coloured in. Paperback. 22 pages. Size: 21W x 29.7cmH

E755834	zero-rated	£ 8.95
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As We Were Memory Cards - Set of 16

Double-sided and laminated. Can help to prompt conversation and bring back fond memories of Britain in the 1940s to 1970s amongst older adults. The 30 images include: Fashion; Trades and Professions; The High Street and In The Countryside. Great with the As We Were - Dementia Care Book.

Size: 18.8H x 13.8cmW

E755835	VAT Relief	£ 8.95
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new!

Display Frame

Easy way to display information, schedules, menus, cards, posters, photographs and creative artwork. Practical for orientation and sequencing purposes as well as decorative and uplifting. For individuals who are bed-bound or who spend a lot of time in a few places, these allow the visual stimulation in a room to be repeatedly and regularly refreshed and updated. Use to encourage grandchildren to bring Nana or Grandpa their paintings and drawings. Simply slide your information or imagery into the slot and change this as often as required without removing the frame from the wall. Especially effective when used in multiples. To be wall-mounted. White.

E722465	Single A4	Size: 35 x 30cm	£ 13.95
E722466	Double A4	Size: 35 x 52cm	£ 19.95
E722467	Triple A4	Size: 35 x 76cm	£ 24.95



Simple Music Player

Designed to overcome the problems of conventional music players as it helps people with Dementia to independently access music they remember by themselves. Operated by lifting the lid, which automatically switches the unit on and plays a tune. If a new tune is desired, a single large button allows the individual to skip to the next track. Family, carers or friends set the volume (which is intentionally not easy to change by accident), as well as downloading tunes onto the player (easily via a USB link from a Windows, Apple or Linux PC).

Size: 30 x 19 x 11cm

E722112 Red or Green - please specify colour required when ordering

VAT Relief **£ 91.45**

E722113 Walnut

VAT Relief **£ 118.00**



Giant Pegs and Pegboard Set

Ideal for improving and regaining fine motor skills, dexterity, sorting and for pattern creation. Useful for assessment as well as for rehabilitation. Includes 36 stackable giant pegs in 6 colours and 3 shapes, square base board and 3 laces. For 3 years and over – includes some small pieces.

Size: board 21 x 21cm

E721777 **£ 9.00**

A Creative Toolkit for Communication in Dementia Care - Book

Karrie Marshall

Overflowing with creative and tried-and-tested activities, this toolkit will help carers and relatives support and communicate effectively with people with dementia. Portraits, parlour games, puppets and more can be used to build relationships with people who may no longer be able to rely upon words and memories. Paperback. 200 pages
Size: 22.8 x 15.1 x 1.1cm

E756055 zero-rated **£ 15.99**



new!

Sorting Set

An inviting set to encourage sorting by colour, shape or size. Gives the user a sense of purpose (completing a helpful task of tidying away) whilst encouraging motor skills and reasoning. Contents may vary, but set typically includes:

- Multi-section round tray (32.5cm diameter)
 - Set of 90 assorted large buttons (4.1 to 5cm)
 - Set of 10 wooden cotton reels (3.5cm diameter)
 - Set of 100 assorted colour plastic cotton reels (3cm diameter)
- Also useful for stacking and balance games; counting and simple maths activities; arts and crafts; threading and lacing (shoe laces/string to be purchased separately)

E722707 **£ 29.95**



Mosaic

Create wonderful patterns and imaginative pictures – again and again, without the mess of paints. For those individuals who find repetitive motions soothing, this can be enjoyed repeatedly. Includes board and 350 squares in 12 colours. Plastic.

Size: board 39 x 39cm; squares 2.3 x 2.3cm

E720347 **£ 25.00**





22728



22731



22719



22730



22734



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22721



22720

Nostalgia 13-Piece Jigsaw

Intended for people with Dementia. Designed to allow users with mid to late stage Dementia to complete the puzzle independently. The images have been carefully chosen to allow for visual impairment, to stimulate memories and conversation, and to give the user a valuable sense of achievement and pride. Can help improve dexterity and fine motor skills. Durable and easy to clean plastic.

Size: 36 x 25 x 1.8cm

E722719	Wheelbarrow	VAT Relief	£ 9.95
E722720	Bikini Sunshine	VAT Relief	£ 9.95
E722721	The Kitchen	VAT Relief	£ 9.95
E722728	Orient Express	VAT Relief	£ 9.95
E722729	Sheep Dog	VAT Relief	£ 9.95
E722730	Curious Cat	VAT Relief	£ 9.95
E722731	Coastal Path	VAT Relief	£ 9.95
E722734	The Tool Shed	VAT Relief	£ 9.95





22717



22718



22726



22727

Nostalgia 35-Piece Jigsaw

More challenging than the 13- and 24-piece puzzles, but with equally age-appropriate imagery. Designed for individuals in their early-mid-point Dementia journey to complete unassisted. The pictures have been selected to allow for visual impairment and to spark conversation once completed. Durable plastic is easy to clean and meets infection control compliance.

Size: 36 x 25 x 1.8cm

E722717	Autumn Market	VAT Relief	£ 9.95
E722718	Winter Snow	VAT Relief	£ 9.95
E722726	Spring Stream	VAT Relief	£ 9.95
E722727	Seaside Nostalgia	VAT Relief	£ 9.95



22724



22725

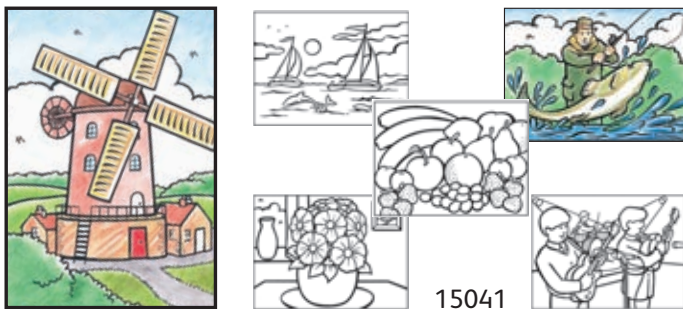
Nostalgia 24-Piece Jigsaw

Complementing our existing range, these 24 piece alternatives allow you to offer a greater challenge for those who have mastered the 13-piece puzzles. Includes a frame for ease of use. Durable and easy to clean plastic. Appropriate themes to encourage conversation and improve dexterity.

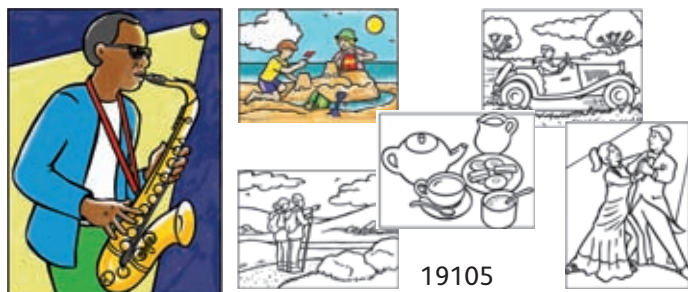
Size: 36 x 25 x 1.8cm

E722724	In the Garden	VAT Relief	£ 9.95
E722725	Lilypond	VAT Relief	£ 9.95





15041



19105

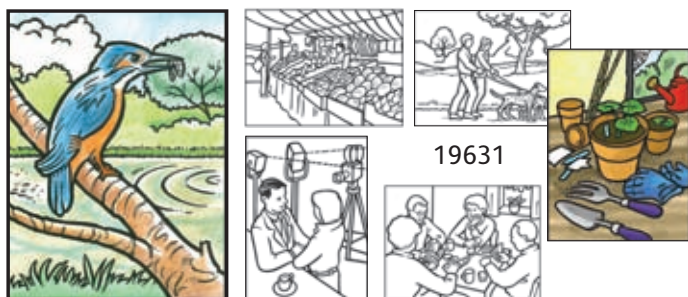


Rainbow Draw-On Bunting

Decorative and mood-lifting. Brighten your garden or an indoor room. Made from vinyl so strong enough to personalise by drawing on with marker pens - a lovely activity for groups. Colours may vary. Indoor storage recommended. Longer lengths can be made by special request.

Size: 10m
E722712

£ 14.95



19631



Leaves Rubbing Plates – Set of 16

Place a piece of paper over the wipeable plastic 'plates' and rub with crayons, chalks or pencils. Includes sycamore, oak, elm and birch. Light-weight and easy to handle. With rounded corners. Plates only – please purchase paper, crayons etc

separately. Colours may vary. Size: 13.5 x 10cm

E720334

£ 15.00



20297

ROMPIA exclusive!

Colouring Cards

These nostalgic themes have been specially designed to be age appropriate. They cover a variety of interests, are fun to decorate and make ideal gifts as pictures or calendar headings. 50 cards in a box. 6 different designs. Size: A4

E715041	Set 1	£ 12.00
E719105	Set 2	£ 12.00
E719631	Set 3	£ 12.00
E720297	Set 4	£ 12.00



Sound Puzzle

Place the pieces correctly to be rewarded with a corresponding sound! Matching picture under each piece. AAA batteries to be purchased separately. For 2 years and over.

Size: 29.5 x 21.5cm

E720018 Vehicles

£ 10.00

E720019 Pets

£ 10.00



Classic Charades

Engaging, involving and amusing. Great fun for before or after a group meal.

Size: box 12.8L x 9.2W x 5cmH; cards 11.7 x 5cm

E722445

£ 6.95



Who am I?

Guess the mystery 'celebrity' named on the card using the least amount of clues as possible. Stimulating and enjoyable.

Size: box 12.8L x 9.2W x 5cmH; cards 11.7 x 5cm

E722444

£ 6.95



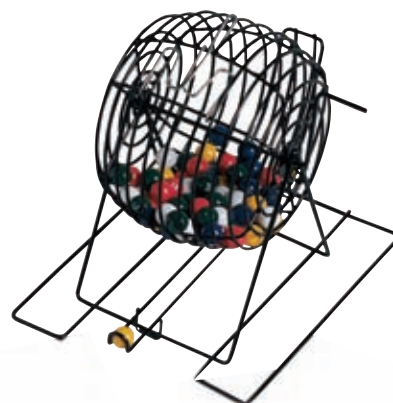
The Name Game

Describe the famous person without using the words on the cards - how many can your team mates name? Encourages thinking and interaction.

Size: box 12.8L x 9.2W x 5cmH; cards 11.7 x 5cm

E722443

£ 6.95



Bingo Cage

This Bingo Cage is a professional item that reproduces the necessary random selection of numbers. One turn of the handle deposits a single ball in the chute, with a ball being released on every turn. Supplied with 90 colourful bingo balls. The cage is approx.

Size: 32cmH; base 33 x 33cm

E751178

£ 65.00



Bingo Tickets

Books of tickets identical to those your clients will have used in bingo halls. Each pack contains 4,500 tickets, enough to keep even the most fervent of players going for months.

E751182

£ 15.00

See page 28 for more activities and games



Family Bingo

A fun family game of bingo based on an original 1950's set.

Includes all you need for a great family bingo evening or fun social gathering. For 5 years and over.

Box size: 10 x 16cm

E754455

£ 5.00

For the Weekly Activities Compendium Saver Pack see page 73 or visit www.olderadults.co.uk





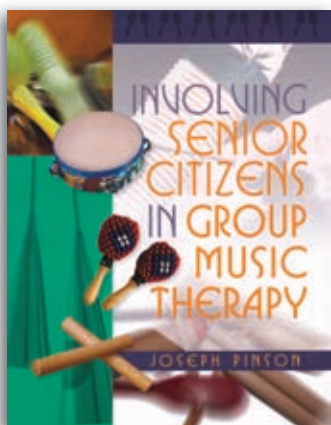
Sing-Along with ElderSong - CD

Prompts reminiscing and singing along with lyrics. Beneficial as songs can be retained even when words and names can no longer be found. All songs are sung in low, sing-able keys with vocals. Each CD contains around 50 minutes of music and 30 songs in all. Each song on the recording is sung by 1-3 singers and is accompanied on the piano. Professionally produced by music therapists. Each CD comes with a large-print lyric booklet (13-19 pages).

Songs include: I'm Forever Blowing Bubbles, The Band Played On, Let Me Call You Sweetheart, For Me and My Gal, She'll Be Coming 'Round the Mountain, Loch Lomond, Amazing Grace and Home Sweet Home.

Size: booklet 21.5 x 28cm

- E750580 Sing-Along with ElderSong, Volume 1 CD **£ 15.00**
- E750581 Sing-Along with ElderSong, Volume 2 CD **£ 15.00**
- E750582 Sing-Along with ElderSong, Volume 3 CD **£ 15.00**
- E750583 Sing-Along with ElderSong, Volume 4 CD **£ 15.00**



Involving Senior Citizens in Group Music Therapy - Book

Joseph Pinson
Practical guide to running music therapy groups with senior citizens. Provides effective strategies that encourage therapists to be creative and engaging, and involve participants fully in the music-making process. The author explains how to choose or create music that is accessible to older people, relating to the group's shared experiences and using

cognitive, motor, social-emotional and music skills to the fullest. Ideal for those working in care homes. Paperback. 137 pages

Size: 27.8 x 21.6 x 0.9cm

E756056 zero-rated **£ 17.99**



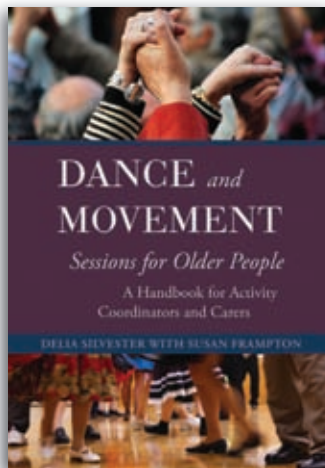
Sound Prisms - Set of 12

Each of the 6 pairs of wooden prisms makes a different sound when shaken. Encourages listening, simple sound-making, fine motor skills and auditory-matching. Colour-coded musical notes are on one end of the prism for visual matching. Age-appropriate.

Size: 6 x 5cm

E722705

£ 21.99



Dance and Movement Sessions for Older People - Book

A Handbook for Activity Coordinators and Carers
by Delia Silvester with Susan Frampton. Empower carers to run safe, rewarding and health-giving dance sessions with older people, including those who are wheelchair-bound or living with Dementia. It covers risk assessment, preparing the venue and choosing props and music, and includes instructions for 20 dances drawn from a

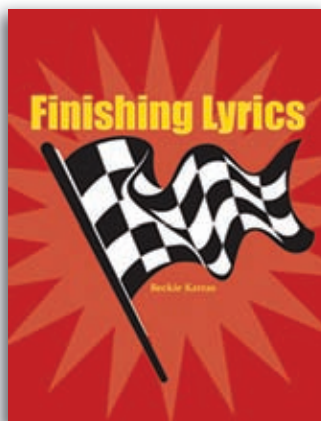
range of eras, cultures and traditions. Paperback. 160 pages.

Size: 24.6 x 17.3cm

E722463

zero-rated

£ 17.99



Finishing Lyrics - Book

Fill in the blank and recall some of those song lyrics in your head. Songs are organised into 33 categories such as weather, love, Broadway songs, feelings, food and drink. Examples: I left my heart in ... San Francisco; Diamonds are a girl's ... best friend. Paperback. 46 pages.

Size: 21.5 x 28cm

E755644 zero-rated **£ 9.75**



Beamz

An innovative, no-fail and creative way for older people to make music. Pass your hands through the beams to play notes, tunes and sounds from the included music library. Engaging, motivating and accessible by all ages and abilities. It can take a life time to learn to play a musical instrument – it takes just a few minutes to learn to play Beamz. Requires a PC, MAC or Apple iOS device.

Size: 64L x 19W x 15cmD

E755791

£ 249.95

E755795 Beamz Transport Soft Case

£ 34.95



One Button Radio

Retro-style analogue radio that offers an easy way to listen to your favourite stations without the need to retune and change the volume. Perfect for those who enjoy the same station all day, every day, or for those who find multiple controls difficult or confusing. Great for individuals with memory problems or Dementia, dexterity problems or visual impairments. Includes 2 main control dials - volume and frequency. Once easily tuned to your required AM/ FM station and the volume chosen, you can turn the radio on and off by pressing the large button on the top. The control knobs can be removed and placed in the rear compartment of the radio for safe storage and the magnetic panel covers the buttons to keep your settings in the right place. Mains or battery powered (6 x C batteries to be purchased separately).

Size: 33L x 15W x 19cmH

E755786

£ 49.95

Music Trolley

Large enough to store and compactly display the 24 instruments included. Space-saving, money saving and extremely practical. Trolley is beech with 3 drawers, a hinged lid and wheels. Instruments include: metallophone, 10 plastic chime bars, pair of claves, tone block with handle, 2 guiros, wooden block, 2 jingle sticks, jingle tree, 2 hand bells with leather strap, bell stick, 2 triangles, pair of castanets, pair of maracas, pair of finger cymbals, 4 cymbals, cymbal stand and 2 tambourines. For 3 years and over. This pack may contain some small parts.

Size: 55L x 27D x 65cmH

E720450

£ 475.00



Sounds Set

Complete set to stimulate the sense of hearing and for musical and auditory perception activities. Typically includes Scented Crystal Bell Balls, Groan Tube, Mini Rainstick, Thunder Eggs, CD, Animal Sound Tins, Voice Changer, Tambourine, Drum and a Wiggly Giggly Ball. Contents may vary. This set may contain some small parts.

E721803

£ 99.00



new!

Music Saver Pack

A great collection of musical instruments and activities to encourage everyone to participate in music-making activities. Music is vitally important for mental well-being, reminiscence and social participation, and this economical set can be universally enjoyed, regardless of ability. Typically includes bells, tambourines, maracas, shakers, drums, sing-along CDs and books, as well as a storage unit to keep these in. Requires a CD player (to be purchased separately).

Size: storage unit 38 x 30 x 86cmH

E722744

£ 199.95



PET SHOP

Choose the right pet for you



Lop Eared Rabbit

Realistic-looking and soft to stroke, this furry friend can be soothing and calming for former pet-owners, especially when cradled and caressed in an individual's lap. Equally engaging, distracting and discussion-prompting. Provides something for (older) adults to care for and nurture, when on-going care of a living animal is not a viable option. With beautiful attention to detail. Colours may vary. Each. Size: 30cmL

E722288 **£ 15.75**



Purrfect Pet

Precious Pet Kitten

Lifelike, 'breathing' little bundle of feline joy. This virtual cat offers the best of owning an animal without the hassle or continual expense. His back subtly rises and falls as if softly napping. Adorable! Breed may vary subject to availability.

E719744 **£ 25.00**



Guinea Pig

Multi-sensory virtual pet to love, cuddle and look after. Stimulating and comforting. Ideal for adults (and children) who would benefit from the responsibility and satisfaction of caring for a living creature but who lack the environment, means or capability of owning a genuine pet. Realistic appearance and size. Colours may vary. Each. Size: 18cmL

E722287 **£ 8.95**

For more information about our pets visit www.olderadults.co.uk



Budgerigar

Since budgies were a popular choice of pet around 30 years ago, especially amongst adults and older children, our soft fur version can be used to recall associated memories. Comforting and soothing to stroke, as well as pleasant to look at. Helpful for prompting conversation and recollection, particularly for those with Dementia. All the colour and character of the real thing, without the mess, on-going cost

and practicalities of looking after an actual pet. Colours may vary. Each. Size: 14cmH
E722286 **£ 5.95**



Aromatic Plush Puppies

Arguably the sweetest-smelling and easiest-to-care-for hounds available! Comforting companions to stroke – repetitive motions such as stroking can be soothing for those who become agitated and restless. Ideal for individuals with Dementia who have kept dogs before and who would benefit from the caregiver role of pet owner even though circumstances dictate that a real dog isn't sufficiently practical, predictable, hygienic or safe. With soft fur and a pleasant, calming lavender aroma. Heatable, the warmth provides tactile stimulation, increased comfort and added realism.

E722280	Labrador	Size: 27 x 20 x 24cm	£ 11.95
E722278	Pug	Size: 30 x 30 x 20cm	£ 11.95
E722279	Westie	Size: 30 x 30 x 20cm	£ 11.95

Precious Pet Puppy

Lifelike, 'breathing' little bundle of joy. This virtual pet offers the best of owning an animal without the hassle or continual expense. His back subtly rises and falls as if softly napping. Adorable! Suitable for stroking and enjoying the experience of having a comforting weight on the lap, rather than for cuddling or hugging. Breeds may vary subject to availability.

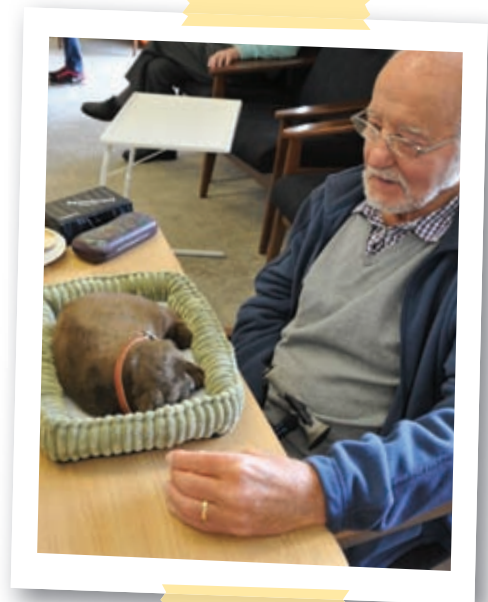
E720397	Chocolate Labrador	£ 25.00
E722185	Alaska Husky	£ 25.00
E722186	St. Bernard	£ 25.00
E722187	Beagle	£ 25.00
E722188	Black Labrador	£ 25.00
E722189	Cavalier King Charles	£ 25.00
E722190	Cocker Spaniel	£ 25.00
E722191	Golden Retriever	£ 25.00
E722192	Pug	£ 25.00
E722193	Shih Tzu	£ 25.00
E722194	Yorkie	£ 25.00



22193



20397



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22185



Virtual Petting Zoo Saver Pack

Buy the Budgerigar, Lop Eared Rabbit, Guinea Pig, Precious Pets Kitten and Precious Pet Puppy together and save more compared with individual purchases. Having multiple animals available at the same time allows individuals to choose an item that interests them most as well as providing enough materials to keep a small group engaged at the same time.

E722289 **£ 69.75**





Cushtie™

Squashy, snuggly and super softest cushion. Light weight and portable. Very pleasant to lean on or just to move around in your hands. Polyester exterior with polystyrene bead filling. Meets appropriate fire retardancy requirements. Exterior can be hand washed. Colours may vary.

Size: 35L x 16cm diameter
E720374

£ 10.00



Faux Fur Neck Wrap

Multi-sensory, calming and soothing. Warmable in a microwave, and with a pleasant lavender aroma. Luxurious, long-pile fabric in a neutral colour to appeal to men and women. Not suitable for those who mouth.

Size: 61 x 11cm
E722293

£ 13.95



Beano Vacuum Flask

Dennis the Menace burst on to the pages of the Beano back in 1951 and he's been popular ever since. A practical item and a nostalgic reminder of this comic favourite. Handwash only. Capacity: 500ml
Size: 24.5cmH

E722451

£ 9.95



Vibrating Neck Cushion

A comfortable crescent-shaped massager for the neck and shoulders. Bead-filled, this vibrating cushion massages the neck from three sides. Particularly effective when used lying on the back. Relaxing and soothing. Perfect for home use and when travelling. Cover: 84% polyamide, 16% elastane. Requires two 1.5V AA batteries (to be purchased separately)

Size: 35 x 27 x 9cm
E719958

£ 20.00

For more information about our products visit www.olderadults.co.uk



MohDoh™

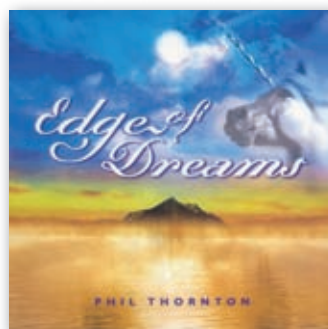
Knead and manipulate this tactile and aromatic dough. Use Sleep before bed to encourage restful sleep; use Travel before a journey for relief from sickness and anxiety. Portable and inexpensive. Made from pure natural oils. Non-returnable once opened. Lasts for approximately 30 ten minute uses. 50g pot. Not suitable for those who mouth (not intended to be ingested).

E722250 Sleep

£ 3.95

E722251 Travel

£ 3.95



Edge of Dreams CD

Delightful relaxation music. Bright melodies develop from gentle strings, soothing harps, a haunting oboe and a distant Chinese gong.

E7CD142

£ 6.75





Therapy Dolls

Therapy Dolls have been successfully used in mainland Europe for well over a decade, and are becoming increasingly popular in the UK. These dolls can have particular value for older adults with Dementia, as these are comforting and can provide a sense of purpose, role, identity and usefulness. Furthermore, for someone who is looked after the majority of the time, it can be alerting, stimulating and empowering to experience role-reversal, and become the care-giver. These dolls can also help awaken memories of parenthood and happy family moments, as well as providing a sense of attachment. These dolls can have real symbolic significance, and because of their realistic attention to detail, they should not be regarded simply as dolls or toys. When combined with meaningful sensory input such as aromas, textures or vibration through the Heart, these dolls become even more important.



Newborns

Soft, adorable and a delight to cuddle. Realistic size and 'feel'. Even their little heads need supporting like a newborn. With beautiful attention to detail and an integral Velcro®-sealable pouch in the back for the Heart and aromas (e.g. lavender sprigs, baby oil on a cotton wool ball etc.). Includes babygrow and hat, but will fit into standard newborn sized baby clothes. Hand-washable. Weight: 0.8kg
Size: 46L x 42cmW (finger tip to finger tip)

E720330 Lilly, Girl

£ 45.00

E720331 Elias, Boy

£ 45.00

Emelie

Doll Therapy can be valuable amongst people with Dementia as having something to care for can imbue a rewarding sense of purpose and usefulness, as well as helping to reduce anxiety. Emelie is dressable, cuddleable and comforting. When held like a real infant in your left arm, it is as though she is lovingly looking up at you. An appropriate weight (1.4kg) which can in itself be calming. With a pouch on her side, the Heart and aromas can be added. Her hair is lovely to stroke, and she may help stimulate memories of parenthood and happy family moments.

Size: 65cmH

E720340

£ 49.00



Johan

Life-like character to care for and cuddle. With a captivating facial expression and large endearing eyes. Reassuring and comforting, Johan can provide a sense of purpose and commitment to an older person with Dementia or to an adult with learning difficulties. Because of his realistic size, weight and appearance he can awaken emotions and

memories. Johan can be dressed and used with the Heart or with an aroma placed in cotton wool in the pocket in his back for added sensory input. Size: 65cmH

E721862

£ 62.00



Tom

A lovable baby boy to care for and cuddle. With his own character and cheerful expression, he is comforting and can provide a sense of purpose and commitment to an older person with Dementia or to an adult with learning difficulties. Because of his realistic size, weight and appearance he can awaken emotions and memories. Tom can be dressed and used with the Heart or with an aroma placed in cotton wool in the integral pocket in his side for added sensory input. Washable.

Size: 50cmH

E721863

£ 42.00



Heart

A relaxing rhythm of approximately 60 beats a minute. The gentle vibration and subtle sound adds further sensory interest to Emelie and the Newborns. Requires 2 x LR44 batteries (not included).

Size: 6.5 x 6.5 x 2cm

E720327

£ 11.95





Sensory Activity Comforters

Attractive, engaging, age-appropriate, multi-sensory resources for adults who find repetitive motion and activities soothing. Features a large variety of activities, textures and colour to cater for individual need, and many of these features can be put away to avoid sensory overload. Different-sized and –shaped objects with different functions purposefully target and encourage exercise, maintenance and/or improvement of fine motor skills, grips and hand-eye co-ordination. Washable. To be used under supervision. Designs and details may vary.

E722051 Cushlet - Cushion and blanket combined. Unfold for a blanket; fold into a cushion. VAT Relief **£ 79.95**

E722052 Cushmat - Cushion cover that can be used as an activity mat by being attached to a lap tray or used on a table. Cushion inner required (30 x 30cm). Vibration Pillows and Mood Cushions (see page 24) would add a further tactile dimension.

£ 69.95



Massage Rolls

Two soft plastic rolls which stimulate blood circulation, have a revitalising effect and encourage general relaxation. Appropriate stress reliever and assists with tactile stimulation. Colours may vary. Pair. Size: 14L x 6cm diameter

E714466 **£ 15.00**



Portable Mini Massager

Hand-held facial massager. Provides tactile sensory input, increasing awareness around the mouth exterior, across the cheeks and lips and can improve facial muscle tone. Includes two interchangeable heads with different textures, batteries and storage bag. After use, clean the interchangeable heads with mild soap and water. For supervised use (not a toy). For 3 years and over (small parts).

Size: 11cmL
E756144

£ 20.00



Foot Massage Mat

Ideal for massaging aching feet and stimulating reflexology zones. Perfect for use in the SNOEZELLEN® environment. The 'spikes' give tactile stimulation. Use in a standing or seated position. Phthalate- and latex-free vinyl PVC. Set of two halves.

Assembled size: 28 x 23 x 4cm
E715057

£ 28.00



Faux Flowers and Foliage

Visit www.olderadults.co.uk for artificial bouquets and plants

- allows individuals to enjoy flower arranging
- provides seasonal orientation
- cheerful and decorative colours to brighten rooms and lift mood
- maintenance-free



Foot Massager Pillow

Slipper surface with knobby insoles for invigorating foot massage. Easy to wipe clean. Requires 2 x D batteries (not included). Red PVC.

Size: 30 x 27cm
E716981

£ 20.00

Holidays, Special Occasions and Reminiscence Activities



Forms bonds between residents

Benefits

- Increases social interaction, activity and participation
- Involves the whole family to help loved ones keep in touch
- Maintains a sense of identity, culture and individuality
- Forms bonds between residents, carers and different generations
- Supports person-centred care and fosters the sharing of information that is specific to each person
- Improves the emotional and mental well-being of everyone involved





Scentscape

Stimulates memories of popular experiences using sounds and aromas. Allows access to activities which were an important part of someone's life, providing comfort and routine, and encouraging interaction. Each set includes 4 scents, 4 smelling jars and a 30-minute, 4-section CD of sounds specific to each theme. Great for use with groups and individuals. Meets infection-control requirements. Size: box 36 x 18 x 4cm; jars 7cm diameter x 3.7cmH

"The combination of both sound and scents instantly transports people to that place, stimulating memories and conversation that would otherwise have been hard to reach."
Activity Co-ordinator

E722739 **In the Garden** Designed to stimulate memories of those rare but special sunny afternoons in the garden. The included smells of freshly-cut grass and flowers can provide comfort and engagement to nature enthusiasts, especially when used with the sounds of birds and twigs underfoot. Scents include Rose and Geranium, Honeysuckle, Grass and Rain. VAT Relief **£ 18.75**

E722740 **At Home** The scents of baby powder, clean linen, shoe polish and a freshly baked fruit cake combine with beautifully crafted sounds reminiscent of a busy and happy household to help someone relax and feel. VAT Relief **£ 18.75**

E722741 **The Tool Shed** Stimulate memories of making and mending things for the home. Combine the scents of engine oil, sawdust, tool shed and polish to create a warm feeling of familiarity and engagement for DIY enthusiasts. VAT Relief **£ 18.75**



Holidays Memory Bank DVD

Archive footage accompanied by a wealth of relevant information, illustrated notes and a manual filled with ideas and resources for activities. Winner of the Outstanding Dementia Care Product at the 2013 National Dementia Care Awards. Features 6 films of 4 minutes, having key points where the film is intended to be paused and then used with the accompanying manual to facilitate a reminiscence activity. Contents include:

- All Aboard for Blackpool! (1953)
- Family Fun on Filey Beach (1939)
- Bags of Fun at Butlins, Filey (1966)
- The Splendours of Scarborough (1959)
- Cliffs and Caravans (1948)

E722093

£ 24.95

Aquapaint - At The Seaside
 Reusable water painting developed to provide a creative, mess-free therapeutic art activity. Helps to maintain independence and instil a sense of pride and achievement. Age-appropriate, engaging and intended to encourage conversation. Includes 5 different images: Ice Cream Van, Fish & Chips, Pier, Bucket & Spade and Donkey. Size: 26 x 21cm
 E722410 VAT Relief **£ 12.49**



Picture Book - At the Seaside

Beautifully illustrated book that has been specially developed for people living with Dementia. Images and text have been chosen through thorough research and testing, and are designed to trigger personal interests. Allows individuals to enjoy time with their carers and relatives and in doing so help to alleviate problems of depression, boredom and

isolation often associated with Dementia.

E721395 **At the Seaside** zero-rated **£ 20.00**



Family and Friends

Holidays

For many individuals, holidays are when we are at our happiest ... surrounded by family and friends, away from work or school and enjoying new experiences.

Let our multi-sensory resources help you to stimulate memory and recall, which in turn keeps adults engaged with improved self-esteem and reduced agitation.



Image displayed with kind permission from Park House

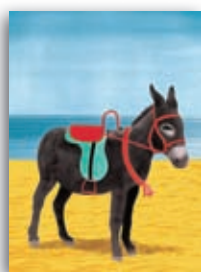
Coastal Scene Mural

High-quality printed wallpaper designed solely for the care home industry. For those who are unable to experience a real seaside vista, this engaging mural provides a decorative focal point and a meaningful alternative. Double drop.

Size: 235W x 280cmH

E722314

£ 376.00



Seaside Reminiscence Saver Pack

Includes:

- Seaside Reminiscence Tactile Square
- Scentscape - At The Seaside
- Memory Bank DVD - Holidays
- Aquapaint - At The Seaside
- Reminiscence Replica Pack - Seaside Holidays
- Shells
- Sand

Contents may vary.

E722424

£ 139.95





Dot to Dot for Adults - Seaside - Set of 48

Created by our professional illustrator with input from our Occupational Therapist. Carefully sized and selected images, dots and numbers. Accessible for users with visual impairment. With intentionally simple, easy to recognise and age appropriate content to start meaningful conversation, discussion and prompt memory. The activity itself requires sequencing skills, helps to maintain fine motor skills and uses hand-eye co-ordination, concentration, attention etc.

*"A nice activity to be done in groups or individually. The pictures are not childish."
Ms O'Hagan (Activities Co-ordinator)*

E756029

£ 14.95



Bird Mobile

Pull the bead and release to make the wings flap. Hang in the path of a beam of light to create a shadow on the wall. Very soothing and restful movement. Decorative, this is not a toy and is not intended for vigorous handling.

Size: 76cm wing span

E713003

£ 10.00



Seaside Holidays Reminiscence Replica Pack

Contents may vary, but set typically contains Holiday Camp pamphlets, hotel leaflets, entertainment programme, Boxing flyer, railway handbill and selection of postcards and trade cards.

E755773

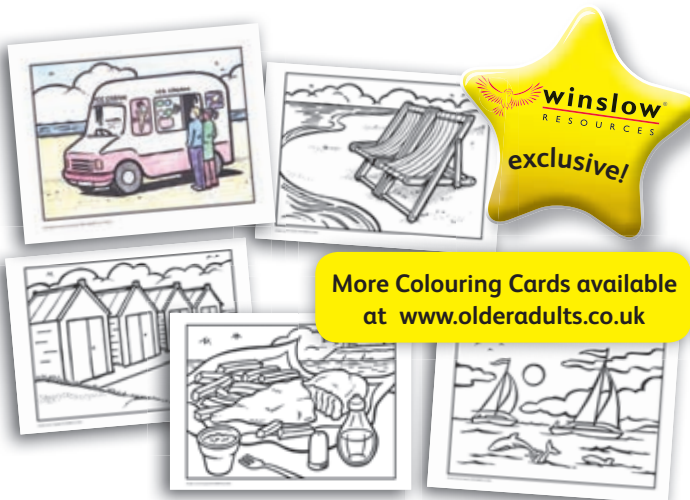
£ 6.95



Reminiscence Card Album

Developed as an activity for people with mid-stage dementia. Designed to spark a range of conversations around some favourite memories. Includes 15 carefully selected reminiscent image cards from the 1950s to 1970s and storage wallet. Each card features everyday subjects and has pertinent information on the reverse as helpful prompts. Wipeable, inexpensive and an age-appropriate size. Size: 18.5 x 18.5cm; wallet 19 x 19 x 2cmD

E722623	Holiday	VAT Relief	£ 11.95
E722624	Home	VAT Relief	£ 11.95
E722625	Animal	VAT Relief	£ 11.95
E722626	Loves	VAT Relief	£ 11.95



More Colouring Cards available at www.olderadults.co.uk

Colouring for Adults - Beach Holidays - Set of 48

Age appropriate images, based around different popular group activity themes to start meaningful conversation, discussion and prompt memory. Helps maintain fine motor skills and uses hand-eye co-ordination, concentration, attention etc. Use them as art/colouring/multi-sensory activity sessions by introducing paint, crayons, pastels, or collage materials.

E756043

£ 12.00

As the weather turns colder, look back on happy holidays ...

Seashore Kit

Great for reminiscence, this practical boxed kit is perfect for exploring outdoors meaningfully. Includes appropriate equipment to carry out the activity. Ideal for individual use, groups or for family days out. Can be used as props for reflecting on enjoyable past experiences.

Small parts - for 3 years and over.

Size: 24.5W x 15.5D x 5.5cmH.

E756086

£ 9.25



Talking Photo Album

Bring memories to life, record reassuring messages, save visual and audible practical prompts and reminders, encourage discussion and reminiscence ... its uses are limited only by your imagination. Includes built-in flash memory, volume control, built-in microphone and USB cable – you can pre-record each page with high quality sound files from your PC. Approximately 48 hours recording time (4GB memory). 20 pages for 12.7x17.8cm (5x7") photos. Requires 3 AAA batteries (to be purchased separately). For 3 years and over.

Size: approx 22.5 x 17.5 x 3.5cm

E720364

£ 37.00



Jumbo Scrap Book

A perfect way to display photos, momentos and keepsakes. These really big blank books are great for use with groups. The large scale facilitates the use of larger words and images for those with visual impairments. Useful for shared activity and collaborative projects amongst people of all ages. Blank - example illustration shown.

Size: 61 x 46cm

E755735

£ 34.95



Seaside Reminiscence Tactile Square

Wonderful for sensory exploration as well as for encouraging interaction and motor skills. Tactile and visual, this offers shared and individual activities with a memory and nostalgia focus. Meaningful with an age-appropriate theme. Provides an opportunity for discussion, reminiscence and for carers to learn more about their residents/family members. Components may vary subject to availability.

Size: 29.6 x 29.6cm

"I have tried 3 of the 4 boards and I am impressed at how good they are. I feel they are beneficial for a specialised group as the boards are easy for the members to relate to. All members joined in with the conversation and the activity ... then I carried the activity on with a quiz."

Julie Lewis, Chesterfield Care Group (service users have different stages of Dementia)

E721450 Seaside

VAT Relief

£ 65.00





Summer DVD

An hour long film of unique ocean views, lakes, rivers, waterfalls and sunflowers followed by 20 minutes of slowly changing images of lovely beaches with blue skies. The last three short films show a colourful summer garden, fields of lavender and a coastal sunset. 120 mins.

E755986 **£ 13.00**



Ocean Tranquility DVD

Transports to somewhere serene and almost magical ... Atmospheric music, natural sounds and stunning film. Approx 76 minutes.

E720514 **£ 13.00**

We have lots more Seaside and Leisure Products available at www.olderadults.co.uk



Seaside Sensory Scenes Set

As dementia progresses it becomes more and more difficult to engage in a meaningful way. The Seaside Sensory Scene is great activity for those relaxing in their room and especially for those near end of life. By combining sound and scents, these can be soothing and relaxing, to give the feeling of reassurance, captivating them in a natural environment. Includes one room spray and a 60min CD of specific seaside sounds.

Size: box 27 x 14.4 x 7.2cmH
E722404 VAT Relief **£ 16.66**



Pastimes Memory Cards - Set of 16

Produced in conjunction with the Pastimes - Dementia Care Book, these double-sided, laminated cards can help rekindle memories of youth in Britain in the 1940s to 1970s. The 30 images include: Holidays; Outdoor Games; Indoor Games; Television; Outdoor Hobbies; Scouts and Guides; Entertainment and Sports.

Size: 18.8H x 13.8cmW
E755837 VAT Relief **£ 8.95**



Pastimes - Dementia Care Book

Created specifically for use with people with Dementia. Beautifully illustrated book featuring pastimes and activities from previous decades in Britain. Evokes childhood memories of playtime games and hobbies, television shows, teenage pursuits, entertainment and sporting personalities from the 1940s to 1970s. Includes colour illustrations with accompanying facts and pages to be coloured in. Paperback. 22 pages.

Size: 21W x 29.7cmH
E755836 zero-rated **£ 8.95**



Seaside Nostalgia Jigsaw

With 24 piece alternatives allow you to offer a greater challenge for those who have mastered the 13-piece puzzles (see page 20). Includes a frame for ease of use. Durable and easy to clean plastic. Appropriate themes to encourage conversation and improve dexterity.

Size: 36 x 25 x 1.8cm

E722722 Sea View VAT Relief **£ 9.95**

E722723 At the Beach VAT Relief **£ 9.95**



Coastal Path Nostalgia Jigsaw

Designed to allow users with mid to late stage Dementia to complete the puzzle independently. Carefully chosen imagery to allow for visual impairment, to stimulate memories and conversation, and to give the user a valuable sense of achievement and pride. Can help improve dexterity and fine motor skills. Durable and easy to clean plastic.

Size: 36 x 25 x 1.8cm

E722731 VAT Relief **£ 9.95**



Natural Tactile Kit

A tactile, visual and aromatic collection of beautiful objects from Mother Nature to explore, discuss and stimulate memories. Age-appropriate. Some small pieces - use under supervision. Contents may vary subject to availability.

E755694 **£ 34.95**



Magic Sand

This stunning kinetic sand is made up of 98% pure sand and a special binding agent to give this a unique texture - it feels amazing. Soft and easy to form. Makes sand play safe, stress-reducing and therapeutic. Great for fostering creativity, reminiscence, imaginative activity, or just to enjoy the tactile sensation through your fingers. For 3 years and over.

E721869 1kg box **£ 10.95**

E721870 5kg box **£ 29.95**



Mould and Bake Sand

Feels like sand and moulds to any shape you can imagine. Reusable and doesn't dry out or stain. Great for creative artwork. Encourages fine motor skills as well as increasing finger and wrist strength. Can be baked (and carved and painted if desired) to make a keepsake of your sculpture. Suitable for a variety of activities and so is appropriate for adults. Natural colour.

Weight: 2.25kg (5lb)

E721444 **£ 15.00**



Sand Scrapers - Set of 4

Assorted shapes and colours. Plastic for easy cleaning.

Size: 12.5 to 20cmL

E721622 **£ 9.95**





Folding Multi-Purpose Mirror

Made of special shatterproof acrylic, this foldable mirror encourages independence, self-care and self-awareness. Folds away discretely after use. Designed to help individuals examine the soles of their own feet, such as those with diabetes, but useful for a variety of needs, including speech and language therapy. Perfect for holidays, home use and peripatetic therapists.

Size: folds to just 26.5 x 18.5 x 2cm

E756122

VAT Relief

£ 27.95



Brush & Touch Stimulation Set

Dual purpose set - a useful prompt for discussing personal care as well as providing a wide range of tactile experiences for sensory stimulation. Includes brushes, sponge, loofah, mitt and massagers. Contents and colours may vary subject to availability.

E717949

£ 30.00



Style Me Vintage - Book

Shows how to re-create classic vintage looks, from the 1920s to the 1980s. Beautiful photographs and detailed descriptions of the clothes of the era. Whether replicating the styles or reminiscing about the dress of their youth, ladies of all ages will love this book. A lovely means of introducing conversation about clothing, dress styles and personal tastes. 112 pages. Hardback.

Size: 20.7 x 20.6 x 1.3cm

E755635

zero-rated

£ 10.00



The Carer's Cosmetic Handbook: Simple Health and Beauty Tips for Older Persons - Book

Sharon Tay

Maintaining a healthy appearance and good hygiene is an important factor in a person's sense of well-being. As people age, this does not diminish but the body changes and deserves to be treated in a different way. This practical book is specifically designed to assist carers in looking after their clients' appearances as well as their health, providing a wealth of information on health and beauty care for older people. With easy to follow instructions on appropriate cosmetic techniques. Paperback. 159 pages

Size: 23.1 x 15.5 x 1.1cm

E756068

zero-rated

£ 16.99



Easy Lace®

Converts lace-up shoes to slip-ons. Great for individuals who struggle to tie standard laces. Silicone and stretchy for a comfortable fit. Easy to use and clean. Practical and durable. Pair. For 3 years and over.

E722689 Any shoe, black - Set of 20

£ 4.95

E722690 Any shoe, white - Set of 20

£ 4.95

E722691 Smart shoes, black - Set of 20

£ 4.95

E722692 Smart shoes, brown - Set of 20

£ 4.95



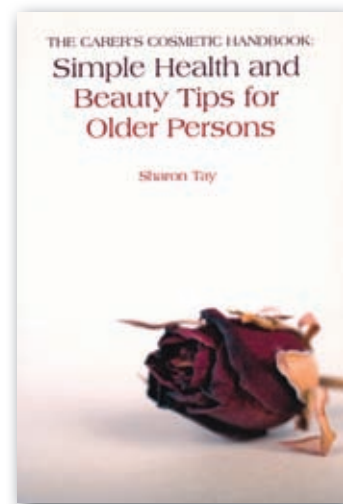
Shaving Brush & Stand

A wonderful, multi-sensory and nostalgic gift for the traditionalist who prefers the old-school way of grooming.

Box Size: 13 x 5.6 x 6cm

E722460

£ 24.95





Light Up Pocket Magnifier

Handy reading aid for viewing ingredients on packaging when shopping, washing instructions on clothing when doing the laundry, or for checking the small print on documents when out and about.

- 3 times magnification
- low distortion lens
- easy to hold
- includes a protective draw-string pouch that doubles as a lens cloth
- with an integral LED light

Requires 1 AAA battery (included)

Size: 12.6L x 5.3W x 1.5cmD (viewing area 9.3 x 4cm)

E722200

£ 5.95



All About Me Communication Fan

Allows individuals to relay essential information about themselves in an easy to read, easy to carry communication passport. Useful for hospital stays, medical appointments and new situations. Reassuring for families, who cannot always be present to communicate this information first hand. Includes a set of self-complete petals, a fine line permanent marker pen and extra petals for you to add any further relevant information. Add in the information that is specific to the individual such as 'things I like' 'things I don't like' 'I get upset when' 'I calm down when' and 'special ways I communicate'. Supplied with loose petals for you to put together yourself and use whichever petals are relevant. These are not toys and should be used under supervision.

Size: petal 12.5cmH x 4.5cmW

E755912

£ 4.95

Fly Fishing Vacuum Flask

Wonderfully nostalgic for former fishermen. Can be used to awaken memories of cold afternoons on the river bank waiting for those elusive trout. Stylish and practical. Stainless steel. Hand wash only. Capacity: 500ml

Size: 25cmH

E722450

£ 16.95



Fly Fishing Enamel Mug

Great for reminiscence as it is inviting to hold and more engaging than photographs alone. Lovely for use with the matching flask. Handwash only. Not for microwave use.

Capacity: 500ml

Size: 9.3H x 10cm diameter

E722455

£ 8.45



Fly Fishing Saver Pack

Buy the Flask and Mug together and save more compared with individual purchases. Don't let this one get away!

E722454

£ 22.95



Care Sector Book

Developed to help alleviate communication problems, this book helps to bridge the gap between carers and residents. Colourful images of day to day tasks provide an effective way to communicate when language is an issue. Ticks and crosses on the left page of each section enable users to express 'Yes' or 'No' to a question. By pointing discreetly at a picture the user is able to communicate their requirements. Also includes 2 wipe clean boards to write your own messages and a wipe clean clock face. 52 pages. Ring-bound.

Size: 21 x 15cm
E721407

zero-rated

£ 16.00



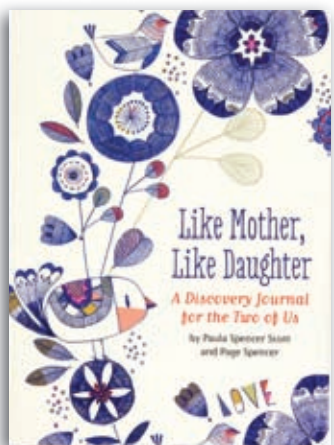
Mum Book & CD Set

A beautiful collection of thought-provoking quotes, sentiments and inspirational messages to tell Mum you care. A brilliant conversation-prompt and an ideal gift. Includes a complimentary CD with 7 tracks of wonderful relaxation music.

Size: 14 x 13 x 0.7cm

E722746

£ 5.95



Like Mother, Like Daughter - Book

A discovery journal to complete together. Do you know your mother as well as you think you do? Do you really know what your daughter likes, prefers and treasures? What does she avoid, fear, hate, remember, aspire to and dream of? Enjoyable by all, but especially valuable for those experiencing significant life changes, such as following a terminal diagnosis. Share, communicate, plan - and enjoy

doing so. Thought-provoking, enlightening and a beautiful way to record details that can be comforting and important in future years. 159 pages. Hardback.

Size: 15.6W x 21H x 1.8cmD

E722197

zero-rated

£ 10.45



Beano Notebook

Useful for noting down reminders, listing things to do or for writing down thoughts, feelings and anecdotes.

Size: A5

E722459

£ 3.50



Beano Playing Cards

Combines the appeal of a popular game for all ages with the reminiscence value of this much-loved comic. Features authentic illustrations of your favourite Beano characters. Includes storage tin. For 3 years and over.

Size: tin 11.5L x 7.8W x 2cmH

E722448

£ 4.95

Beano Vacuum Flask see page 56



Beano Saver Pack

Buy the Notebook, Playing Cards and Vacuum Flask (see page 56) together and save more compared with individual purchases.

E722452

£ 16.45

We have lots more meaningful gifts available at www.olderadults.co.uk



Travel Hip Flask

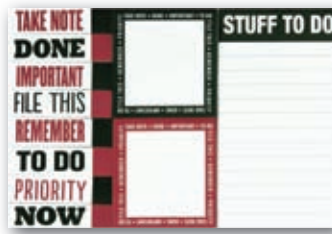
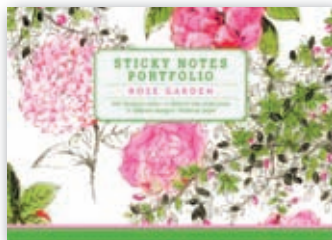
Evocative of former journeys, past travels and bygone trips. Nostalgic and intended to stir memories and conversations. Stainless steel. Handwash only. Gift-boxed. 6oz capacity. Size: 13H x 9.5cmW
E722462

£ 15.00

Wooden Jigsaws with 'Whimsy' Pieces

Lovely puzzles to enjoy individually, in pairs or in small groups. Featuring themes that are likely to prompt conversation and an awareness of personal interests and histories to help meet the requirements of person-centred care. Irregularly-shaped pieces add to the challenge and appeal of these colourful jigsaws. With hidden 'whimsy' pieces (pieces in recognisable shapes e.g. scissors in A Stitch in Time, horse in British Isles) for added visual interest. Pieces are 3mm thick and are supplied in a drawstring bag inside the illustrated box. For 3 years and over. Size: 36 x 25cm

E722106	British Isles	50 pieces	£ 25.00
E722107	A Stitch in Time Wooden Jigsaw	250 pieces	£ 25.00
E722229	Attic Playtime	250 pieces	£ 25.00



Sticky Notes Reminders

Attractive sticky notes to add colourful prompts and reminders to book pages, calendars or diaries. Equally valuable for creating eye-catching to-do lists, leaving messages or for temporarily labelling objects. Wonderful for individuals who like to feel organised and who respond to visual cues. Mood-lifting when used to leave cheering messages and loving greetings for individuals. Includes over 600 sticky notes in a variety of sizes. Includes a polybag to keep these organised and together. Size: 18W x 13cmH overall

E722209	Rose Garden	£ 5.95
E722435	Take Note	£ 5.95



Magnetic Memo Pad

Simple but useful in many ways. Encourage adults to:

- help with shopping lists and daytime planning to retain independence
- write their own reminders if they are anxious about appointments and details they feel the need to remember
- keep their own scores in games to help keep minds active

Contains approximately 75 pages. With 2 magnets on the back to attach the pad to a fridge or metallic surface. Size: 21H x 8.5W x 0.9cmD

E722160	Bird's	£ 3.95
E722161	Bisto	£ 3.95





new!

Christmas DVD and CD Gift Set

6-disc set in a beautiful storage tin. Includes My Santa film DVD, Brer Rabbit cartoon DVD, Fire Place atmospheric DVD; White Christmas CD, Silent Night CD and Christmas Carols CD. A delightful set to enjoy as a family at an excellent price. For full details of contents see www.olderadults.co.uk
Size: 32H x 15W x 3.5cmD
E722745

£ 14.95



Mobile

Simple but effective mobiles to add visual interest to ceilings. Ideal for those who spend long periods of time in bed. Inexpensive. Buy in multiples and use with the motor for increased effect. Decorative only - not intended to be handled.

- | | | | |
|---------|---|--|----------------|
| E722509 | Snowflakes - Set of 2 | Size: 30cm diameter | £ 3.45 |
| E722510 | Honeycomb Globes - Set of 3 | Size: two 25cm diameter, one 30cm diameter | £ 4.95 |
| E717072 | Set of 3 curly mobiles | Size: 50cmL | £ 10.00 |
| E722587 | Rotator to turn your mobile. Approximately 2 1/2 rotations a minute. Includes motor, charger and 2 rechargeable batteries. Will hold a mobile up to 0.9kg | | |
| | - to be purchased separately. | Size: 17cmH | £ 20.00 |



Putty - Set of 4

Includes a soft (yellow), light (red), medium (green) and firm (blue) tub of putty, each containing 50g (2oz). Non-toxic, latex-free and brilliant for therapy.
E721386

£ 13.00



Cando® Scented Theraputty – Set of 4 tubs

Helps develop grip strength and provides a pleasant multi-sensory experience. Each set contains a tub of vanilla (XX-soft), banana (X-soft), cherry (soft) and apple (medium) putty. 50g (2oz)

E721385 **£ 25.00**



MohDoh™

Tactile and aromatic, each scented dough has its own colour and purpose. Portable and inexpensive. Using only the purest natural oils, MohDoh™ can improve emotional and physical well-being as it is kneaded (helping improve motor skills, dexterity and co-ordination) and the fragrances can improve mood. Non-toxic. Non-returnable once opened. Lasts for approximately 30 ten minute uses. 50g pot. Not suitable for those who mouth (not intended to be ingested).

- | | | | |
|---------|--------|--|---------------|
| E722250 | Sleep | Relaxing to promote gentle and natural sleep for those who have insomnia or who are restless or agitated | £ 3.95 |
| E722251 | Travel | Can help provide relief from travel sickness and the anxiety and stress that accompanies that | £ 3.95 |
| E722252 | Calm | A fun and effective way to help individuals to relax and unwind | £ 3.95 |
| E722253 | Unwind | Intended to provide relief from stress and anxiety | £ 3.95 |
| E722254 | Think | Stimulating to help users regain lost focus and improve concentration | £ 3.95 |



'Don't forget your keys'



Talking Motion Sensor

Plays an audible reminder, prompt, warning or alarm when someone moves past. Upload your own speech, music or sound effects. Use the built-in Micro USB Socket to transfer MP3 sound files directly onto the internal memory. Update and change your message as many times as you wish. Size: 9 x 6 x 2.5cm

- Automatic audio playback after the PIR sensor has been activated
- High quality MP3 sound output
- Low and High volume settings
- Wall mounting holes
- Includes an optional wall mounting bracket
- Requires 3 x AAA batteries or mains adapter (neither included)
- Sensor activation distance: Up to 4m
- Internal Memory: 16Mb
- Recording time: 120 seconds

E722782

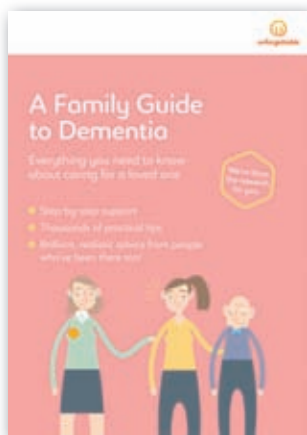
£ 24.95

A Family Guide to Dementia Book

- Contains tips for everyday struggles
- Practical advice to help individuals live well
- Support for anyone who cares for someone with Dementia

A down-to-earth little handbook of essential information written by Dementia specialists and carers.

Created with an understanding of what carers and people with Dementia go through. Designed to help with all aspects of daily life, to offer some new ideas based on experience, and to remind you that you're doing a great job under very difficult circumstances. From dealing with challenging behaviour, to sorting out financial and legal issues or searching for answers to tricky, ethical dilemmas, this book provides much-needed advice. Answers the questions you want to know, like: Is it ever okay to lie to someone with Dementia? What's the best way to cope with boredom, anger or repetition? How can I keep on caring when nothing seems to go right?



"I have purchased 3 Family Guide To Dementia books and given them to the carers I manage. I have also had a look through it myself and thought it to be very informative."

Susan, Verified Buyer

"Insightful. The family guide to Dementia has provided me with a better understanding on Dementia. I have found it very insightful as it's a whole new experience to me and my family."

Brenda, Verified Buyer

E722780

zero-rated

£ 7.99



Day Clock and Calendar

A bestseller for people with vision problems, memory loss and Dementia. Helps with time orientation and so reduces the anxiety, agitation, wandering and repetitive questions associated with such problems. Helps to determine day and night. Either switch between the clock showing the time (in 12 or 24-hour format), day, month and year, or have it display as 'Now it's Thursday morning'.

Size: 21.5 x 17cm frame with stand included

- Large, clear 8 inch LED display
- Easy-to-see text
- Auto detects and adjusts the display brightness in day and night mode
- White alphabet and black background for maximum contrast
- Stand included or wall mountable
- Plug and play straight out of the box in just 2 steps
- Display in 8 different languages including English (default), Spanish, French, German, Italian, Polish, Dutch and Welsh
- Includes manual
- Increases independence and provides reassurance
- Mains-powered.

E722779

VAT Relief

£ 49.99



Staying out of hospital when you have Dementia Book

- Explains the common causes for admission to hospital
 - How to, spot, prevent and manage common causes
- Being away from home can be very confusing for a person with Dementia, and it's very upsetting for their family too. This book helps you feel better equipped to keep the person that you love safe, healthy and away from the hospital for as long as possible. Written by Danielle Wilde, a leading Occupational Therapist with 10 years' experience working in Dementia care and neurology. Danielle led the Health Foundation project, targeting avoidable admissions for patients with Dementia in hospital. The project achieved excellent outcomes and has been cited as an example of best practice by NHS England.

"Absolutely brilliant." **Anne, Verified Buyer**

"This resource is outstanding." **Susan, Verified Buyer**

E722781

zero-rated

£ 4.99





Mini Beasts Wooden Jigsaw - Set of 8

Chunky jigsaws that have been hand-cut using traditional methods. With large pieces for easier handling. With varying number of pieces to allow grading (progression to more challenging puzzles). Boxed. Includes:

- Spider, 9 pieces
- Caterpillar, 9 pieces
- Dragonfly, 12 pieces
- Worm, 12 pieces
- Ladybird, 15 pieces
- Bee, 15 pieces
- Ant, 18 pieces
- Fly, 18 pieces

For 3 years and over. Size: 19.2W x 14.7H x 0.6cm thick
E722075

£ 19.95



Homes Wooden Jigsaw – Set of 8

Great for supporting a person-centred care approach, these large scale pieced puzzles provide an opportunity to discuss where individuals have previously lived or stayed. Useful as an activity and as memory-prompts. City, town, village and rural housing is shown, as are traditional and modern homes to appeal to a wide range of people. With different numbers of pieces to suit different abilities and to encourage progression to more difficult puzzles. Boxed. Includes:

- Mobile (caravan), 9 pieces
- Flats, 9 pieces
- Bungalow, 12 pieces
- Thatched cottage, 12 pieces
- Semi-detached, 15 pieces
- Detached, 15 pieces
- Terraced, 18 pieces
- Eco, 18 pieces

For 3 years and over. Size: 19.8W x 14.7H x 0.6cm thick
E722090

£ 19.95



Wildlife Wooden Jigsaw - Set of 8

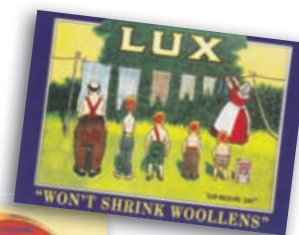
Chunky jigsaws that have been hand-cut using traditional methods. With large pieces for easier handling. With varying number of pieces to allow grading (progression to more challenging puzzles). Boxed. Includes:

- Squirrel, 9 pieces
- Robin, 9 pieces
- Badger, 12 pieces
- Red Kite, 12 pieces
- Red Deer, 15 pieces
- Puffin, 15 pieces
- Swan, 18 pieces
- Grey Seal, 18 pieces

For 3 years and over. Size: 19.2W x 14.7H x 0.6cm thick

E722074

£ 19.95



Household Postcards - Set of 5

Cards to encourage former housewives to recall and discuss memories of domestic life - cleaning, polishing, sewing and laundry. Use as an inexpensive alternative to pictures or send the cards to loved ones with a cheering message. Contents may vary. Size: 14.8 x 10.4cm

E722140

£ 2.50

new!



Saver Pack

Activities Set

A complete set that's perfect for care homes. Huge range of activities to suit different personalities/interests. Dip into this pack spontaneously or use in scheduled activity sessions. Great value. Contents may vary but typically includes:

- 4 x Albums (Animals, Home, Holidays, Loves)
- 8 x Jigsaws (Autumn Market, Winter Snow, Sea View, At the Beach, Sheep Dog, Wheelbarrow, Bikini Sunshine, The Kitchen)
- 2 x Sensory Scenes (Forest, Storm)
- 1 x Animal Bingo
- 5 x Aquapaint (Days Out, The Tool Shed, At the Seaside, At Home, Transport)
- 2 x Creative Magnetic Scene (Sewing Box, Baking Cupboard)
- 1 x Scentscape (At Home)

E722747 VAT Relief **£ 333.33**



Saver Pack

Weekly Activities Compendium Saver Pack

A different activity for every day of the week. Never be stuck for something to do again!

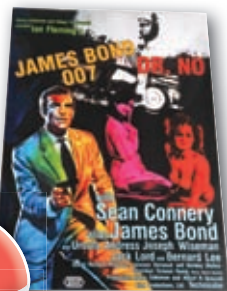
Includes:

- Movie Buff Quiz
- Sing It Back
- Who am I?
- General Knowledge Quiz
- Pop Music Quiz
- The Name Game
- Classic Charades

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- Aquapaint - At Home
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new!

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Signed

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